









FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
6	3	5	Christian Living	Listening to God	19: Listening to God with Patience

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L <input checked="" type="checkbox"/>	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K	Musical M	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [copy this: ☒] for the modes of learning being used in this session.

Prayer: Set our hearts on fire with love for You, O Christ our God, and teach us how to pray with all of our heart, in every way, anytime and anywhere. We know You'll always hear and answer our prayers. Amen.

Starter: Remind the children that they can talk to God as they would their best friends. God wants to hear what each person has to say. Invite each child to thank God for one good thing that happened in the past week.

Learning objectives: To begin to understand that listening requires patience. To learn that patience is a gift of God, it is a fruit of the Holy Spirit and it means growing gradually in the grace of God through keeping His commandments and accomplishing His will. To learn that whilst waiting for God's response we can trust God to give us the strength to bear our circumstances and use the time of waiting to grow in intimacy with the Lord.

Core Activities and Learning

1. The teacher will tell children that good listening requires patience. We ask the Spirit to fill us, empowering and directing us even as we continue to wait on the Lord. It is grace that invites us to trust God, grace that we can extend to others when they hurt us, and grace to forgive ourselves when we stumble and fall. The experience of waiting for God to answer our prayers and listening to Him with patience reminds us that our reality as Christians is not within our apparent circumstances, but rather in the truth of Christ's love and life in us. This gives us hope, as Romans 8:28 assures us that "we know that in all things God works for the good of those who love Him, who have been called according to His purpose." It is not in our abilities to know the time or way in which God will work things out. Our role is to trust God and wait with hope as He brings to completion the good work which He began in each of our lives.

The teacher will tell children that patience is a gift of God, it is a fruit of the Holy Spirit. It means to put up with one self and others, growing gradually in the grace of God through the daily effort to keep His commandments and to accomplish His will.

Patience is united with faith, hope, love, humility and obedience, which alone brings the strength to continue. It must be renewed daily through fasting, prayer and communion with God in the Church. It is found when we train ourselves to remember God, to abide in Christ and to see all things in the light of the Kingdom of God. If we wish to be patient, we must be united with Christ and live by the power of the Spirit.

2. The teacher will explain that waiting for God's response forces us to look to Him. It casts our eyes rightly to Christ as the source of our faith and the assurance of our salvation. It reminds us that Christ's death and life is the reason we can be filled with and empowered by the Holy Spirit. Trials cause us to persevere by deepening our knowledge of God and relying on him more intentionally.

Children will be told that standing patiently when we're waiting for God's response does not mean being stuck at a standstill. The teacher will invite children to consider the Psalms verses that say to wait quietly: "I wait quietly before God, for my hope is in him." (Psalm 62:5), to wait patiently: "Be still in the presence of the Lord and wait patiently for him to act." (Psalm 37:7), and to wait expectantly: "I wait expectantly, trusting God to help, for He has promised." (Psalm 105:5) Whether we feel we lack patience to wait for God's response, or to continue to love those that may be hard to love, we have access to all the patience we need. We can trust God to give us the strength to bear our circumstances, and instead use the time of waiting to grow in intimacy with the Lord.

The teacher will share with children that St. Paul the Apostle said that "faith comes from what is heard, and what is heard comes by the preaching of Christ" (Romans 10:17). We need to hear God's word with a noble and good heart, keep it and bear fruit with patience.

The teacher will encourage the children to engage in a discussion about God's blessings and point out to situations where God has intervened in their life or the lives of someone within the family or friends. Children will be made aware that, at times, we pray and ask God for healing or something specific, and He provides it for us. The teacher will guide the discussion and with the aim to help the children recognize these answered prayers when they occur, will emphasize that God loves each one of us, and that He does intervene in our lives. These blessings of healings or protection become a part of our salvation story.

3. Create and then play a board game to help children practice patience. Teach children to learn to wait their turn and wait for the outcome. Using illustrations from a favourite Bible story and cardboard create a board game by marking the surface of the board, choosing the counters and establishing a set of rules.

Resources: Pictures that illustrate children saying their prayer, prayer book, pencils, coloured pencils, coloured paper, cardboard, board game counters, illustrations from a favourite Bible story,

Review: Patience before God in prayer and faith leads us into a deeper knowledge of Him in love and wisdom to do His will.

Follow Up: Think of things you can do at home which will develop your ability to be patient.