








FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
9	3	6	MISSION	HELP FROM GOD	31: Who needs help

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L <input checked="" type="checkbox"/>	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K	Musical M	Intra - personal P1 <input checked="" type="checkbox"/>	Inter – personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [copy this:] for the modes of learning being used in this session.

Prayer: O heavenly King, O Comforter, the Spirit of truth, who art in all places and fillest all things; Treasury of good things and Giver of life: Come and dwell in us and cleanse us from every stain, and save our souls, O gracious Lord.

Starter: Ask children: Do you know someone that needs your help? In what area you can offer your help?

Learning objectives: To understand that we all have different strangles and challenges in life and we all need the help and comfort of God to overcome them.

Core Activities and Learning

Ask children: Do you think we need the help of God in our everyday life? What can God do for us that people cannot do, when we are going through difficulties?

Explain that in the Holy Scriptures, we have many examples of people that suffered many hardships, but God never left them and in the time that God chose, He intervened.

For example, briefly refer to the story from the **Book of Job** in the Old testament, to the tests and hardships that he had been through, and what happened in the end.

Additionally, you can read from the **Epistles** of St Paul the following passage that shows how God is forming our character and faith through the hardships, and how much we need His help to overcome them.

Read from the Epistles of St Paul in **Romans 5:1-6**: "We have peace with God through our Lord Jesus Christ. Through him we have obtained access to this grace in which we stand, and we rejoice in our hope of sharing the glory of God. More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit which has been given to us. While we were still weak, at the right time Christ died for the ungodly."

Group activity: Print and distribute the following passage from the Psalm 85. Read the passage with the children and pray with them for God's help in everyone's life.

"Listen to me, Lord, and answer me, for I am helpless and weak. Save me from death, because I am loyal to you; save me, for I am your servant and I trust in you. You are my God, so be merciful to me; I pray to you all day long. Make your servant glad, O Lord, because my prayers go up to you. You are good to us and forgiving, full of constant love for all who pray to you. Listen, Lord, to my prayer; hear my cries for help. I call to you in times of trouble, because you answer my prayers". **Psalm 85**

Resources: The Bible, the Book of Job in Old Testament, Romans 5:1-6, Psalm 85.

Review: Every person needs the help and guidance of God to overcome the challenges and difficulties of life.

Follow Up: Memorise the following verse from the Psalm 85 " Listen, Lord, to my prayer; hear my cries for help. I call to you in times of trouble, because you answer my prayers."