







FOLLOWERS – LESSON PLAN

| Age | Term | Mod. | Module Theme | Module Title | Lesson Number and Title |
|-----|------|------|--------------|--------------|-------------------------|
| 8 | 3 | 6 | MISSION | COMMITMENT | 26: Becoming a disciple |

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

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| Verbal V <input checked="" type="checkbox"/> | Logical L <input checked="" type="checkbox"/> | Spatial S <input checked="" type="checkbox"/> | Kinaesthetic K <input checked="" type="checkbox"/> | Musical M <input checked="" type="checkbox"/> | Intra - personal P1 <input checked="" type="checkbox"/> | Inter – personal P2 <input checked="" type="checkbox"/> | Natural N <input checked="" type="checkbox"/> |

Tick the appropriate box(es) above [copy this: ☒] for the modes of learning being used in this session.

Prayer: O heavenly King, O Comforter, the Spirit of truth, who art in all places and fillest all things; Treasury of good things and Giver of life: Come and dwell in us and cleanse us from every stain, and save our souls, O gracious Lord.

Starter: Ask children: who remembers from previous lessons the meaning of the word 'disciple'? Recall and briefly discuss.

Learning objectives: To understand the meaning of being a disciple of Christ, and the commitment to follow Him.

Core Activities and Learning

Introduction: When our Lord Jesus Christ began His earthly ministry He gathered disciples, both the Twelve and others, who absorbed His teachings and His way of life. To be a disciple literally means to be a student, that is, one who studies under a teacher. Discipleship in the Christian sense, is not merely "study" of concepts, ideas, and information. Rather it is a way of life, a way of living with the Teacher, Christ, following Him, and experiencing Him.

Read from the Gospel in **Matthew 4:18-22** Children's Bible: "Jesus was walking by Lake Galilee. He saw two brothers, Simon (called Peter) and Simon's brother Andrew. The brothers were fishermen, and they were fishing in the lake with a net. Jesus said, "Come follow me. I will make you fishermen for men." At once Simon and Andrew left their nets and followed him.

"Jesus continued walking by Lake Galilee. He saw two other brothers, James and John, the sons of Zebedee. They were in a boat with their father Zebedee, preparing their nets to catch fish. Jesus told them to come with him. At once they left the boat and their father, and they followed Jesus."

Explain that for Orthodox Christians, being a disciple of Jesus is an active life of attending Church and participating in Holy Sacraments; prayer; fasting; almsgiving or acts of love and mercy. It's a process of conforming/changing one's life to God's commandments.

Explain that when Jesus says, "Come and follow me!", on one hand it seems like such a simple invitation, and yet, when one understands the implications, it demands a radical response!

Ask children: How many of us would willingly follow Christ, if it meant we had to leave our families, leave our profession or livelihood, leave all with which we are familiar, and trust Him wherever He may lead?!

Craft activity: Print and distribute to the children. For the second activity, you will need to bring some clay for the children to use.

<https://docs.google.com/file/d/0B0RweH-3RyI0RFhJREIZekNXX3M/edit>

<https://docs.google.com/file/d/0B0RweH-3RyI0RTkwMEozQjRqU2M/edit>

Resources: Matthew 4:18-22, Leaders' Resource: <http://www.wenorthodox.com/parish-life/discipleship/>

Materials: coloured pen and pencils, different colours of clay.

Review: Being a disciple of Jesus means to be a committed follower of His teachings and His example in life.

Follow Up: Memorise the verse from Matthew 4:22 "Come follow me. I will make you fishermen for men."