## FOLLOWERS - LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
10	3	5	CHRISTIAN	BELONGING TO THE	37: By being committed.
			LIVING	CHURCH	

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes (Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

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Verbal	Logical	Spatial	Kinaesthetic	Musical	Intra - personal	Inter – personal	Natural
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Tick the appropriate box(es) above [copy this: ☑ ] for the modes of learning being used in this session.

**Prayer:** O heavenly King, O Comforter, the Spirit of truth, who art in all places and fillest all things; Treasury of good things and Giver of life: Come and dwell in us and cleanse us from every stain, and save our souls, O gracious Lord.

**Starter: Ask children:** What do you think commitment means? Briefly discuss with your group. Think of some groups or activities you can be committed to.

Learning objectives: To learn how we are called as Christians to show our commitment to the Body of Church.

## **Core Activities and Learning**

We should be committed to the Church because:

- We grow spiritually and receive the Holy Spirit though the Holy Sacraments.
- · We need one another to share our mutual faith and encourage one other on our spiritual journey.
- We discover our talents and offer our time and ministry to the Church.
- We develop and strengthen our Orthodox identity, by participating in Bible studies, discussion groups, retreats, and forums.

## Read Romans 12:4-8.

<sup>4</sup> For as we have many members in one body, but all the members do not have the same function, <sup>5</sup> so we, being many, are one body in Christ, and individually members of one another. <sup>6</sup> Having then gifts differing according to the grace that is given to us, let us use them: if prophecy, let us prophesy in proportion to our faith; <sup>7</sup> or ministry, let us use it in our ministering; he who teaches, in teaching; <sup>8</sup> he who exhorts, in exhortation; he who gives, with liberality; he who leads, with diligence; he who shows mercy, with cheerfulness.

## Ask the children:

How should we serve the church according to the Bible passage?

How can we start showing our commitment to church?

Group activity: write on Worksheet 37 the things you can do to show your commitment to church.

Resources: The Bible, Romans 12:4-8, Worksheet 37 and this Leaders' Resource ....

http://www.antiochian.org/Orthodox\_Church\_Who\_What\_Where\_Why/What\_is\_Church\_Ministry.htm

**Review:** It is important to be committed to the Church, as we develop our Christian identity and get support in our spiritual growth and journey.

Follow Up: Do you remember from the last lesson, what things we can do to show our commitment to church? Share what you remember.