

FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
9	3	5	CHRISTIAN LIVING	RECEIVING THE HOLY SPIRIT	34: By prayer

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L <input checked="" type="checkbox"/>	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K	Musical M <input checked="" type="checkbox"/>	Intra - personal P1 <input checked="" type="checkbox"/>	Inter – personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [copy this: ☒] for the modes of learning being used in this session.

Prayer: O Heavenly King, the Comforter, the Spirit of Truth, Who art everywhere and fillest all things, Treasury of Blessings and Giver of Life, come and abide in us, and cleanse us from every impurity and save our souls, O Good One.

Starter: Ask children: To Whom do you think this prayer is addressed? Who is the Comforter according to the Scriptures?

Learning objectives: To learn how we can receive the Holy Spirit in prayer, and especially by using a certain prayer in the Orthodox Church that is addressed to the Holy Spirit.

Core Activities and Learning

Introduction: In the Orthodox Church, there is only one prayer among all the prayers of the Church that is addressed to the Holy Spirit. This is the prayer “O Heavenly King.” It is so important that it should be the first prayer you say when you begin your prayers! Why? Because you must remember that, as an Orthodox Christian, you belong to God. The Holy Spirit dwells in you. This happened at your Baptism and Chrismation when you were anointed with oil (Chrism) which is the Seal of the Holy Spirit.

In your teaching, you can refer to the following points:

- The Holy Spirit is the third Person of the Holy Trinity.
- The Holy Spirit is of the same essence and equal rank as the Father and the Son.
- We received Him in Chrismation. He fills us with love for God.
- As the Son was begotten by the Father, the Holy Spirit also proceeds from the Father. The Church states this truth in the Nicene Creed.
- The first words of the prayer — “O Heavenly King” — remind us that we are not people lacking a ruler. We have a King and, if we are serious about calling ourselves Christians, we are people attempting to live under His rule.
- The Holy Spirit is the Comforter, God offers us simultaneously both strength for the struggle and consolation.
- The Holy Spirit is filling everything around us. He is everywhere, as the presence of God is everywhere.
- In recognising that God is “the Giver of life” we are reminded that the Creator is not the giver of death. As Christ says in John’s Gospel, “I have come to give life and to give it abundantly.” [John 10:10]

Group Activity: Print and distribute the ‘Holy Spirit’ word search: Worksheet 34.

Resources: the Bible: John 10:10, “My daily Orthodox Prayer book” by Antony Coniaris, Worksheet 34

<http://www.stmichaeljermyn.org/files/CHURCH%20SCHOOL/10-6-13-O-Heavenly-King.pdf>

Review: The ‘O Heavenly King’ prayer is the most important prayer to the Holy Spirit that we should learn. Ask the children: Who is the Holy Spirit?

Follow Up: Recite the ‘O Heavenly King’ prayer.