









## FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
7	3	5	CHRISTIAN LIVING	FOLLOWING CHRIST	24: By being positive.

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes  
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L <input checked="" type="checkbox"/>	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K <input checked="" type="checkbox"/>	Musical M	Intra - personal P1 <input checked="" type="checkbox"/>	Inter – personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [ copy this: ☒ ] for the modes of learning being used in this session.

**Prayer:** Christ my God, set my heart on fire with love in You, that in its flame I may love You with all my heart, with all my mind, and with all my soul and with all my strength, and my neighbour as myself, so that by keeping Your commandments I may glorify You the Giver of every good and perfect gift. Amen.

**Starter:** Write in small pieces of paper the phrase 'I can't do it'. Pass to each child one piece. In turns they have to name one thing they can't do. After that, take a scissor and ask them to cut the two letters at the end of the word 'can't'. Now encourage children to say what are the things they can do.

**Learning objectives:** To learn how we can be truly followers of Christ by remaining positive in our daily life and in our relationships with other people.

### Core Activities and Learning

**Say** that "can" is a positive word. It focuses on what is possible, not impossible.  
Read the following Bible verses: "With God, all things are possible" Matthew 19:26. "Every good and perfect gift is from Above." James 1: 17. "Apart from God we can do nothing." John 15:5.  
Say that Christ, faith, hope, salvation-these are all positive things. All things that we CAN have.

**Ask children:** what does "being positive" means? what can we do to remain positive? Give examples if you can.

**Explain** that "being positive" means to be full of hope and confidence.

**Ask the children:** how can we be full of hope and confidence as Christians?

**Allow** answers and say that our hope and confidence lays first and foremost on Christ. **Say** that we are fully loved and accepted in the eyes of God, who forgives our sins and offers us the gift of eternal life in Paradise. Having our hope in God's love and mercy, we should be able to remain positive in our life and have the confidence that we **can** "do all things through Christ".

**Ask:** How do we know that God loves us? We learn about that in the Holy Scriptures, e.g. in John 3:16 "For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life". 1 John 4:19 "We love because he first loved us.", 1 John 3:16 "By this we know love, that he laid down his life for us, and we ought to lay down our lives for the brothers.", Philippians 4:13 "I can do all things through Christ who gives me strength."

**Craft activity:** Print and distribute the following colouring page.

<https://drive.google.com/file/d/0B4uoz1jNegYIZXJ0UGJGNII6RVU/view>

**Resources: The Bible:** John 3:16, 1 John 4:19, 1 John 3:16, Philippians 4:13

Materials: white paper and scissors, colouring pens or pencils.

**Review:** I can be positive and fruitful in my life, as my hope and confidence are being rooted in my identity as Christian.

**Follow Up:** This week try to change one "I can't do It" to "I can do it".