

Activity Sheet 22

Materials needed:

- Heavy cardboard, Construction paper (various colours)
- Pencil, Scissors
- Glue, Markers
- Large and medium-sized bowls or pots (to trace your wreath)
- Yarn or string

What to do:

Step One: Trace the circle for your wreath by drawing around the large pot or bowl on the cardboard.

Step Two: Cut out the circle. Then, using the smaller pot, trace another circle inside the one you just made.

Step Three: Carefully cut around the smaller circle you just drew. Now you have the pattern for your wreath.

Step Four: Colour or paint a background on the wreath.

Step Five: Using the scissors, poke a small hole in the top of the wreath.

Step Six: Thread several inches of the string or yarn through the hole, tie the ends in a knot, and slide the string so the knot is hidden behind the wreath. This is the "hanger."

Step Seven: Trace the child's hand on a sheet of construction paper and carefully cut along the lines you drew.

Step Eight: Repeat this step, alternating paper colours, until you have traced enough hands to cover the wreath.

Step Nine: Talk with the children about the different ways they can help others, and what helping and friendship mean to them.

Step Ten: Help them write the qualities they identified on each hand. They could also colour a picture.

Step Eleven: When they have filled each hand with words and pictures expressing the ways they could be a good friend and help others, think about how to arrange the hands on the wreath so they slightly overlap but the writing and artwork remain visible.

Step Twelve: Now you'll begin to glue the hands on the wreath. Put a few drops of glue on the back of a hand and press it into place on the wreath. Repeat this step for each helping hand you've made (make sure one hand covers the hole at the top).

Remember, glue the hands so they overlap, but make sure that the writing and artwork can still be seen.