

## **RESOURCE SHEET 49**

### **Activity 1**

#### ***The Beatitudes (Matthew 5:1-12)***

5 And seeing the multitudes, He went up on a mountain, and when He was seated His disciples came to Him. 2 Then He opened His mouth and taught them, saying:

3 "Blessed are the poor in spirit, For theirs is the kingdom of heaven.

4 Blessed are those who mourn, For they shall be comforted.

5 Blessed are the meek, For they shall inherit the earth.

6 Blessed are those who hunger and thirst for righteousness, For they shall be filled.

7 Blessed are the merciful, For they shall obtain mercy.

8 Blessed are the pure in heart, For they shall see God.

9 Blessed are the peacemakers, For they shall be called sons of God.

10 Blessed are those who are persecuted for righteousness' sake, For theirs is the kingdom of heaven.

11 "Blessed are you when they revile and persecute you, and say all kinds of evil against you falsely for My sake. 12 Rejoice and be exceedingly glad, for great is your reward in heaven, for so they persecuted the prophets who were before you.

### **Activity 2**

#### ***HYMN OF PRAISE***

for Saint Simeon the Stylite

(by St. Nikolai Velimirovich)

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Simeon the Stylite, the first of the pillar-dwellers,  
An illuminated elder, with the radiance of an immortal,  
Bound himself to the pillar as a willing sacrifice;  
He was fully alive to heaven, and dead to the earth.

Fasting and prayer and all-night vigils-

By this hard path he sought salvation.

Early one morning, his mother came by:

“O Son, come down and let your mother see you!”

Thus she spoke, but Simeon was silent.

The mother repeated her plea again and again....

Simeon at last replied to his mother:

“I am in the service of the Heavenly King.

This life is a struggle and a preparation.

There is no time for empty conversation here.

But go, Mother, and choose the pure path-

Take care for your soul and live according to Christ!

After the present struggle is the next world;

If Christ finds us worthy,

You will see your son there, Mother,

And your son will delight in his mother's face.”