## FOLLOWERS - LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
11	2	4	CELEBRATIONS	SAINTS OF THE BRITISH	45: Parish Saint or Local Saint if
				ISLES AND IRELAND	parish dedication is not local.

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes (Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

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Verbal	Logical	Spatial	Kinaesthetic	Musical	Intra - personal	Inter - personal	Natural
V <b>⊠</b>	L <b>∑</b>	S <b>⊡</b>	K <b>⊠</b>	M <b>⊻</b>	P1 ☑	P2 <mark></mark> √	N <b>⊠</b>

Tick the appropriate box(es) above [ copy this: ☑ ] for the modes of learning being used in this session.

Prayer: Lord 's Prayer

**Starter:** The Leader needs a small, light ball. This is thrown to a student and he/she calls out one thing he/she remembers from the previous lesson and St Alban's life. Then the student throws the ball to a classmate and the process is repeated.

Learning objectives: To be acquainted with the life and witness of St (N).

## **Core Activities and Learning**

## ADAPT THE FOLLOWING ACTIVITIES TO THE SAINT APPROPRIATE FOR YOUR COMMUNITY

1. Life of the saint: The leader tells the St (N)'s life story in summary form.

2. Activity: The leader asks the students what they think about the saint. What do they think about his or her humility and piety? Can he or she be a model for us? The leader reviews with the students the stories about how St (N) served God and helped people.

3. Read or preferably sing together:

Troparion of the Saint

Kontakion of the Saint

**Resources:** Pens and paper for note taking, Icon of the Saint.

**Review:** (Central learning point for the saint's life)

Follow Up: Offer your help to someone in need (friend, neighbour, elder from your parish)