







FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
8	2	4	CELEBRATIONS	PASCHA (1)	30: 40 days of Pascha

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L <input checked="" type="checkbox"/>	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K	Musical M <input checked="" type="checkbox"/>	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [copy this: ☒] for the modes of learning being used in this session.

Prayer: Sing the Paschal Troparion

Starter: The doors of the altar are left wide open from Pascha to Thomas Sunday (ie., through Bright Week). Get the students to discuss why this might be so.

Learning objectives: To understand that Pascha lasts for 40 days until Ascension with an extra 10 days leading up to Pentecost. To be able to track the significant celebrations of the Paschal period.

Core Activities and Learning

This is the Paschal Cycle and beyond. Pascha lasts for 40 days including the Sunday of Pascha.

Bright Week: Week commencing on Pascha (DAY 1)

Thomas Sunday (Sunday of Saint Thomas): 1st Sunday after Pascha (DAY 8)

The Holy Myrrhbearers: 2nd Sunday after Pascha (DAY 15))

The Paralytic: 3rd Sunday after Pascha (DAY 22)

Mid-Pentecost: 4th Wednesday after Pascha (DAY 25)

The Samaritan Woman (Photini): 4th Sunday after Pascha (DAY 29)

The Blind Man: 5th Sunday after Pascha (DAY 36)

The Leave-Taking (Apodosis) of Pascha (DAY 39)

The Ascension of Jesus Christ (DAY 40)

The Fathers of the First Ecumenical Council: 6th Sunday after Pascha (DAY 43)

Pentecost, when the Holy Spirit descended on the Apostles: 7th Sunday after Pascha (DAY 50)

All Saints: 8th Sunday after Pascha (DAY 57)

Activity

Using the Church Calendar construct a calendar grid for Pascha until All Saints including the Pascha Sunday or Festal Gospel readings and an appropriate illustration. Thumbnail pictures of the relevant icons may be downloaded and distributed by the Leader. See Worksheet 30.

Note: Doors to the altar open during Bright Week, in the Patriarchate of Antioch there is no fasting AT ALL between Pascha and Ascension (except in monasteries). There is no kneeling in the Paschal period. "O Heavenly King ..." is omitted from Pascha until it resumes at Pentecost. Baptisms traditionally occur at Pascha and Pentecost but at other times of the year as well, (notably Theophany).

Resources: Worksheet 30, art materials, icon thumbnails

Review: Pascha is a 40 day celebration of joy in the Risen Lord, followed by 10 days of waiting for the Holy Spirit at Pentecost (Day 50). We rehearse the great moments of our salvation and apply them both personally and to the world.

Follow Up: Learn the Paschal Troparion off by heart.