









## FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
16	2	4	Celebrations	Modern Saints	69: St Nektarios of Aegina

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes  
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L <input checked="" type="checkbox"/>	Spatial S	Kinaesthetic K	Musical M	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [ copy this:  ] for the modes of learning being used in this session.

**Prayer:** O Lord and Master of my life! Take from me the spirit of sloth, faint-heartedness, lust of power, and idle talk. But give rather the spirit of chastity, humility, patience, and love to Thy servant. Yea, Lord and King! Grant me to see my own errors and not to judge my brother, for Thou art blessed unto ages of ages. Amen.

**Starter:** I shall teach thy ways unto the wicked and sinners shall be converted unto thee (Psalm 50:15) We feel a desire to correct people who are wrong or commit injustice but what is the best way to achieve this spiritually speaking?

**Learning objectives:** St Nektarios is a great example of humility, patience and love

### Core Activities and Learning

1. A student reads the life of St Nektarios (See Resource Sheet 69)
2. Great injustices were committed against St Nektarios, often by members of the Orthodox Church itself. Following on from the Starter task and consulting the life of the saint as a resource, think of examples from one's own life of how NOT demanding reparation for wrongs done against us but rather by forgiveness, lives have been changed.
3. What factors make it difficult to forgive those who have wronged us.
4. Share examples from the New Testament where either Our Lord or His disciples followed this path.
5. The Leader reads out Psalm 50(51).
6. The students match the phrases for this Psalm on Activity Sheet 69.

**Resources:** Resource Sheet 69, Activity Sheet 69.

**Review:** Saint Nektarios became the humble servant of the world, despite the difficulties caused by malicious intent, the atmosphere of contempt and defeat, enmity and injustice. He achieved absolute humility. In virtuous silence he endured the turmoil of his flaming soul. Like Noah in his ark, he relived the experience of humanity mixing the waters of deluge, the water of Baptism and the tears of his eyes. He overcame every trial and temptation through continuous prayer.

**Follow Up:** Research the life of St Maria of Paris