









FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
13	2	4	CELEBRATIONS	Greek Fathers	53: The Life and Teachings of Saint Maximus the Confessor

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L <input checked="" type="checkbox"/>	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K	Musical M	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [copy this: ☒] for the modes of learning being used in this session.

Prayer: Christ, the true Light, who enlightens and sanctifies every person coming into the world, let the light of Your countenance shine upon us that we may see Your unapproachable light; and guide our steps in the way of Your commandments, through the intercessions of Your all-holy Mother and of all the Saints. Amen.

Starter: Group reflection – what would you have your tongue cut out for?

Learning objectives: learning about the life and teachings of Saint Maximus the Confessor, the importance of confessing the true faith and resisting outside (peer) pressure

Core Activities and Learning

1. Separate students into two groups. Ask them to re-order logically the sentences given, so that they learn about the life of Saint Maximus the Confessor. (See Resource Sheet 53).
2. Discussion: What do you think St Maximus did when the Emperor sent him to prison to be tortured? The answer can be inferred from the quotation at 2. on RS 53.
3. Analysis: What did Saint Maximus teach about the church building as a symbol for entry into the Kingdom of God (Repentance/New birth/baptism (Narthex); Wisdom/illumination/the Word (Nave); Communion/union/Eucharist (Altar)? Students are asked to identify the main parts of a church and their meaning according to Saint Maximus.

Resources: Resource Sheet 53, paper, printer, pencils

Review: Saint Maximus the Confessor taught about the importance of affirming the true faith, praying for those who wrong you, and the symbolism of the church building.

Follow Up: Ask students to bring pictures of their favourite church and explain its main parts.