









FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
17	2	4	CELEBRATIONS	Martyrs	72: St Marina of Antioch

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L <input checked="" type="checkbox"/>	Spatial S	Kinaesthetic K	Musical M	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2	Natural N

Tick the appropriate box(es) above [copy this: ☒] for the modes of learning being used in this session.

Prayer: Trisagion Prayers

Starter: Tertullian said that “the blood of the martyrs is the seed of the Church.” What does this mean?

Learning objectives: To have a general biographical knowledge of St. Marina of Antioch and how she became a saint through her martyrdom.

Core Activities and Learning

1. Tell the story of St Marina from this page: <http://www.antiochian.org/node/19000>
2. A key aspect of St Marina’s martyrdom is that a means of torture and death (drowning in a huge cauldron of boiling water) should be accepted by both the saint and God as a means of her baptism, emerging from it unscathed.

An analogous idea is found in the martyrdom of St Ignatios of Antioch who prays that his body be ground into wheat as eucharistic bread.

Many of the martyrs were conscious that their deaths were to be accepted voluntarily, even welcomed as a participation in the sacrifice of Christ, and as a sacramental offering, leading to resurrection and eternal life.

DISCUSSION: In what ways are these attitudes to suffering and persecution so different from the ways that many people confront adversity today? Why is this so? What has been lost in the flight from suffering? What spiritual benefit is there to be had in embracing suffering as a means of salvation?

Troparion (Tone 4) –

Your lamb Marina calls out to You, O Jesus, in a loud voice:

“I love You, my Bridegroom, and in seeking You I endure suffering.

In baptism I was crucified so that I might reign in You,

and I died so that I might live with You.

Accept me as a pure sacrifice,

for I have offered myself in love.”

Through her prayers save our souls, since You are merciful.

Resources: None required

Review: St Marina’s voluntary sacrifice was seen by her as her own baptism, (baptism often being deferred for further instruction in the early Church).

Follow Up: For personal reflection: How do I deal with suffering?