








## FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
8	2	4	CELEBRATIONS	PASCHA (1)	27: Light and Darkness

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes  
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L <input checked="" type="checkbox"/>	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K <input checked="" type="checkbox"/>	Musical M <input checked="" type="checkbox"/>	Intra - personal P1 <input checked="" type="checkbox"/>	Inter – personal P2 <input checked="" type="checkbox"/>	Natural N <input checked="" type="checkbox"/>

Tick the appropriate box(es) above [ copy this: ☒ ] for the modes of learning being used in this session.

**Prayer:** Lord, both day and night belong to you; you made the starlight and the sun. You set the boundaries of the earth, and you made both summer and winter. And so we pray: let your great mercy free us from darkness. For we proclaim the glory and holiness of your Name, worthy of all honour and majesty, Father, Son and Holy Spirit, now and forever, to the ages of ages. Amen. (From the book: 'My Daily Orthodox Prayer Book').

**Starter:** Follow the link below to do the experiment 'Light and darkness' with the children:

<https://www.youtube.com/watch?v=TdHIkYTA4I> (Pre-prepare the bottles to save time, also pre-prepare the main activity)

**Learning objectives:** To learn what it means to live in the light instead of darkness, and to understand that Christ is the Light we need to transform our lives.

### Core Activities and Learning

**Ask** children what do they think is the symbolic meaning of light and of darkness?

Allow answers and then explain that light is usually connected with good things. For example, refer to the beneficial action of the sun to the earth and how everything come alive and exist, because of his radiance. God is like the sun for us. He brings us into life physically, when we are born, and spiritually, when we turn to Him and decide to follow Him in our life.

**Explain** that we have good, but we have evil also in the world; light and darkness. Darkness is every bad thought and action that separate us from God and bring darkness and despair to our soul. To connect with God again, we need to repent, confess our sins to our priest and ask for God's mercy and grace upon us. God's love will help us become an example of light that shines in other people's lives, e.g. helping others, listening to their problems, almsgiving.

**Say** that as Orthodox Christians we understand God in this way: the Source of light Who fills darkness and is our Salvation.

**Group activity: Distribute** to the children a copy of the bible verses below. Each one can read one and reflect on how light is the main theme in many verses in the Bible.

- Gen 1:3 - Then God said, "Let there be light".
- John 3:19 - And this is the condemnation, that the light has come into the world, and men loved darkness rather than light, because their deeds were evil.
- John 12:46 I have come into the world as a light, so that no one who believes in me should stay in darkness.
- John 1:5 - And the light shines in the darkness, and the darkness did not comprehend it.
- John 8:12 - Then Jesus spoke to them again, saying, "I am the light of the world. He who follows Me shall not walk in darkness, but have the light of life.
- "Psalm 36:9 - For with You is the fountain of life; In Your light we see light. ACTIVITY: <http://tinyurl.com/h8jrt5e>

**Resources: The Bible:** Gen 1:3, Psalm 27:1, Psalm 104:2, John 12:46, John 1:5, Psalm 36:9. <http://tinyurl.com/h8jrt5e>

**Supplies for the experiment:** Small water bottles, Water, Black washable magic markers (felt tips) OR blue or black water-soluble powder paint, non-toxic oil such as mineral (baby) oil, vegetable oil, duck tape, plastic cups, tablecloth or newspaper.

**Review:** God is our Light Source. He will shine brightly in and through us. Darkness is the evil that dominates our life, when we separate from God.

**Follow Up:** Print and distribute the colouring sheet. Children can bring it to the class next week to show how they have decorated it. (light-of-the-world.jpg)