# FOLLOWERS - LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
17	2	4	CELEBRATIONS	Martyrs	71: Hieromartyr Polycarp of Smyrna

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes (Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

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Verbal	Logical	Spatial	Kinaesthetic	Musical	Intra - personal	Inter - personal	Natural
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Tick the appropriate box(es) above [copy this: ☑ ] for the modes of learning being used in this session.

**Prayer:** Trisagion Prayers

Starter: Martyr = "witness" in Greek. How does a martyr witness to Christ by his or her dying and death?

Learning objectives: 1. To be able to recall the life and witness of Hieromartyr Polycarp

2. To apply some insights of his life and death to contemporary Orthodox Christian living.

### **Core Activities and Learning**

Study together the life from here: https://oca.org/saints/lives/2014/02/23/100589-hieromartyr-polycarp-the-bishop-of-smyrna

#### **DISCUSS**

- 1. What do we learn about Christian education from the fact that St Polycarp stands in the line of Tradition between St John the Theologian and St Irenaeus of Lyon with endorsement from St Ignatios of Antioch?
- 2. What was it do you think that enabled St Polycarp to face a horrible death with such peace and composure?
- 3. Individual task: Compose a short memorial epitaph which might have been written by one of St Polycarp's disciples after his martyrdom. (The Leader should explain the literary genre of an epitaph and how it is composed). The epitaph should be between 40 and 80 words long.
- 4. Read or preferably sing the following troparion.

### Troparion — Tone 4

By sharing in the ways of the Apostles, / you became a successor to their throne. / Through the practice of virtue, you found the way to divine contemplation, O inspired one of God; / by teaching the word of truth without error, you defended the Faith, even to the shedding of your blood. / Hieromartyr Polycarp, entreat Christ God to save our souls.

## Resources:

https://oca.org/saints/lives/2014/02/23/100589-hieromartyr-polycarp-the-bishop-of-smyrna Notepaper, pens

**Review:** Hieromartyr Polycarp died for his faith in Christ with conviction acceptance and peace. He was a true bishop of Christ's flock.

Follow Up: Research St Marina of Antioch