







## FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
9	2	4	CELEBRATIONS	AFTER PASCHA	31: Ascension

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes  
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L <input checked="" type="checkbox"/>	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K	Musical M <input checked="" type="checkbox"/>	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [ copy this:  ] for the modes of learning being used in this session.

**Prayer:** Christ God, Thou hast ascended in glory, granting joy to Thy disciples by the promise of the Holy Spirit. Through the blessing they were assured that Thou art the Son of God, the Redeemer of the world! - Troparion of the Ascension -

**Starter: Ask** children if they know what we celebrate forty days after the Easter (Pascha) Sunday. Bring an icon of the Ascension and show it to the children. Describe the context. (See the link below In Resources).

**Learning objectives:** To learn what happened at the Ascension and its significance for Christians.

### Core Activities and Learning

**Read** the story from the Bible in Mark 16:14-19, in Luke 24:50-51, or in Acts 1:9-12.

**Explain** to children what the Ascension of Christ is and what we celebrate on that day.  
In your answer, you can include the following points:

- The Ascension of Christ is one of the 12 major feast days of the Orthodox Church
- is celebrated on the 40th day after Pascha (Easter). This always falls on the Thursday of the 6th week after the Resurrection of Christ.
- The Feast of the Ascension of Christ commemorates Christ's ascension into Heaven, where He **“sits at the right hand of the Father” (Nicene Creed)**.
- When Jesus ascended, He told His disciples He would pray for the Father to send the Holy Spirit to guide them and that they would never be alone. The Holy Spirit came after the Ascension of Jesus.
- The Ascension of Christ is the day we find out the true reason why Christ went through the crucifixion and resurrection – so that we may have life everlasting in Heaven.
- On this day, Orthodox Christians greet each other saying: “Christ is Ascended! Truly He is Ascended!”

**Teach** children the following Troparion: Christ God, Thou hast ascended in glory, granting joy to Thy disciples by the promise of the Holy Spirit. Through the blessing they were assured that Thou art the Son of God, the Redeemer of the world! - **Troparion of the Ascension.**

(You can print and distribute the words of the Troparion.)

**Craft activity:** Print the second worksheet from the link below and distribute to the children.

[http://www.orthodoxabc.com/wp-content/uploads/2012/06/022-EN-ed02\\_Ascension-of-Christ.pdf](http://www.orthodoxabc.com/wp-content/uploads/2012/06/022-EN-ed02_Ascension-of-Christ.pdf)

**NOTE:** The above page has the acclamation “Christ HAS ascended!” This is incorrect .... “Christ IS Ascended!”

**Resources:** The Bible, Mark 16:14-19, Luke 24:50-51, Acts 1:9-12

<https://iconreader.wordpress.com/2012/05/23/ascension-icon-why-stand-ye-gazing-up-into-heaven/>

[http://www.orthodoxabc.com/wp-content/uploads/2012/06/022-EN-ed02\\_Ascension-of-Christ.pdf](http://www.orthodoxabc.com/wp-content/uploads/2012/06/022-EN-ed02_Ascension-of-Christ.pdf)

Supplies: colouring pens, pencils, or crayons.

**Review:** The Feast of the Ascension of Christ commemorates Christ's Ascension into Heaven, where He sits at the right hand of the Father.

**Follow Up:** When do we celebrate the Ascension of Jesus Christ?