

FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
8	2	4	CELEBRATIONS	PASCHA (1)	26: Hymns - Christ is Risen.

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L <input checked="" type="checkbox"/>	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K	Musical M <input checked="" type="checkbox"/>	Intra - personal P1 <input checked="" type="checkbox"/>	Inter – personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [copy this: ☒] for the modes of learning beng used in this session.

Prayer: Jesus, help my eyes to see all the good you send to me. Jesus, help my ears to hear Calls for help from far and near. Jesus, help my feet to go In the way that You will show. Jesus, help my hands to do All things loving, kind, and true. Jesus, guard me through this day In all I do and all I say. Amen.

Starter: Teach the following Hymn to the children: **Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life.**

Learning objectives: To both sing and learn the meaning of the main Pascal / Easter Hymn in the Orthodox Church.

Core Activities and Learning

Introduction: During the Easter season, as Orthodox Christians greet one another with this Easter acclamation: "Christ is Risen!" the customary response is: "He is risen indeed!" or "Indeed He is risen!"

This same phrase, "Christ is Risen" occurs in the traditional Orthodox Easter hymn (see Starter above) sung many times, from Pascha Sunday and after, during the services of celebration of Jesus Christ's glorious Resurrection. This period of celebration lasts forty days, until the Ascension of Jesus.

Explain to the children that both the hymn and the exclamation "Christ is Risen," reminds worshipers today that all believers will one day be raised from death to eternal life in Christ. This is the joy-filled promise of our Easter celebrations.

This ancient hymn recalls the message of the angel to Mary Magdalene and Mary the mother of Joseph when they arrived at the tomb early Sunday morning to anoint Jesus's body.

Read the following Bible verse to the children: "The angel said to the women, 'Do not be afraid, for I know that you are looking for Jesus, who was crucified. He is not here; he has risen, just as he said. Come and see the place where he lay.'" (Matthew 28:5-6)

Additionally, the lyrics refer to the moment of Jesus' death when the earth opened up and bodies of believers, previously dead in their tombs, were miraculously raised to life.

Read the following Bible verse to the children: "And when Jesus had cried out again in a loud voice, he gave up his spirit. At that moment the curtain of the temple was torn in two from top to bottom. The earth shook, the rocks split and the tombs broke open. The bodies of many holy people who had died were raised to life. They came out of the tombs after Jesus' resurrection and[a] went into the holy city and appeared to many people." (Matthew 27:50-53)

Craft Activity: Cut and paste! **Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life.**

Cut up the words of the Hymn, jumble them and ask the children to put the words in the right order. They can work in pairs with one set of cut outs. Make it a fun game. Then the children can stick the words onto a poster, colour it and include the clip art icon line drawing of the Resurrection (the Descent into Hades).

Resources: The Bible: Matthew 28:5-6, Matthew 27:50-53. <http://christianity.about.com/od/easter/qt/orthodoxeaster.htm>

Supplies: Coloured pens or pencils, paper, glue, scissors, poster paper.

Review: From Easter Sunday and for forty days in all the services in the Orthodox Church we sing the following Hymn: "Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life."

Follow Up: Share with the class another Easter Hymn that we sing in the period of Pascha (eg. "Thy resurrection O Christ our Saviour ...")