

FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
3	2	4	CELEBRATIONS	Special times	1: Name Days

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K <input checked="" type="checkbox"/>	Musical M	Intra - personal P1	Inter - personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [copy this:] for the modes of learning being used in this session.

Prayer: Pray unto God for me, O Holy Saint (Name), well-pleasing to God: for I turn unto thee, who art the speedy helper and intercessor for my soul.

Starter:

In God's Image. Form pairs. Have partners decide who'll be the "model" and who'll be the "mirror." Standing face to face, have the models move about and have the mirrors imitate their actions. After several minutes, switch positions so the model is now the mirror. Ask: What do you see when you look into a real mirror? Say: God sees someone very special when He looks at you. Say child's name and name the Patron Saint.

Learning objectives:

To understand that we can pray and honour the memory of the Saint whose name we bear, and to give thanks for his/ her daily intercession on our behalf.

To learn in what ways we can celebrate the Patron Saint.

To learn about and discover ways we can devote our lives to God by acts of kindness and serving one another.

Core Activities and Learning

1. The teacher will greet the children and show them the icon of their Patron Saint.

The teacher will tell children that Christians have chosen the names of Saints to proclaim their connection with their spiritual family, which is the Church. The name may be of a Saint commemorated on or near to the day when we were born, or for whom we have a special devotion. Each day of the year, the Church honours a number of Saints and the day the Church honours one's Saint is one's "Name Day," and that can be an occasion to honour the memory of the Saint whose name we bear, and to give thanks for his/ her daily intercession on our behalf.

The teacher will explain to children that we pray and have a special devotion to our Patron Saint. Their life should be read and studied so that we learn how our lives should be directed. Giving our child a biography of his/ her saint can give them insights into the Saint's whole story, particular gifts, and holiness so that they have somebody to look up to as they grow up. Their Patron Saint becomes a true hero / heroine for them to imitate.

2. Celebrating name days. The most important way to celebrate the name day is attending the Divine Liturgy. We can bring out the Saint's icon, and place it in a central location and adorn it with flowers to show our devotion to the Saint. In the home, icons of the Patron Saints of family members are to be part of the Family Icon Corner. On the Name Day, these icons could be placed in a special setting surrounded by candles and flowers. Our family can organise a festive gathering at home and bake a cake and sing: "God grant you many years", the life of the Saint could be read or related at mealtime, we can talk to the godfather or godmother or celebrate together, we can talk about our saint and how we can imitate them, we can imitate our Patron Saint through an act of kindness related to their story, the person celebrating their name day gets to light the candles and incense for bedtime prayers.

After reading about their Patron Saint, encourage discussion about ways children can incorporate some of their Saint's virtues in their own life. How can we serve Christ in our lives? Our Patron Saints modelled ways we can devote our lives to God. What can we do, especially on our name days, and throughout the year as we look up to our Patron Saints for guidance? Answers to these questions will vary depending on the life of the saint.

3. Name activities for your pre-schooler learn to recognise and spell their name.

Use candles to write their names and watch what happens when they paint over it with water colours.

Offer colouring pages – icon of Patron Saint.

Resources:

icon of Patron Saint, pictures that illustrate an icon corner, paper card, candles, water colours, colouring pages – icon of Patron Saint, coloured pencils, felt tip pens See:-

<https://onedrive.live.com/?id=A9A1ECF554B8525%2125828&cid=0A9A1ECF554B8525>

Review:

In the next session ask one of the children to recall what we have learnt this Sunday.

Follow Up:

In the next session, we will learn more about birthdays.