

FOLLOWERS – LESSON PLAN

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
6	2	3	HOLINESS	Confession	20: God heals us

(Mod = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K <input checked="" type="checkbox"/>	Musical M	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [copy this:] for the modes of learning being used in this session.

Prayer: O almighty and merciful God, I truly thank thee for the forgiveness of my sins; bless me, O Lord, and help me always, that I may ever do that which is pleasing to thee, and sin no more. Amen.

Starter:

Pray dough confessions. Children will be invited to take a ball of play dough (pray dough) and to think about something you have done in the past week that they realize was wrong and recognise that you need God's forgiveness for that wrong in your life. They will be encouraged to shape the ball of dough into something that represents the thing that they have done wrong.

Learning objectives:

To learn that by participating in the Sacraments of the Church we grow closer to God and we receive the gifts of the Holy Spirit. To learn that Confession is a healing sacrament through which Christ our Lord continues to heal those broken in spirit.

Core Activities and Learning

1. The teacher will remind children that the Sacraments of the Church reveal God to us, but they also serve to make us receptive to God. All the Sacraments affect our personal relationship to God and to one another. The Holy Spirit works through the Sacraments. He leads us to Christ who unites us with the Father. By participating in the Sacraments, we grow closer to God and to receive the gifts of the Holy Spirit.

“Are any among you sick? They should call for the presbyters of the church and have them pray over them, anointing them with oil in the name of the Lord. And the prayer offered in faith will save the sick, and the Lord will raise them up. If anyone has committed sins, they will be forgiven him. Therefore, confess your sins one to another and pray for one another so that you may be healed.” (James 5:14-16)

The teacher will tell children that confession is the Sacrament through which our sins are forgiven, and our relationship to God and to others is restored and strengthened. Through the Sacrament of Confession, Christ our Lord continues to heal those broken in spirit. Confession is to be regarded as a healing sacrament.

The teacher will tell children that the Sacrament of the Holy Unction reminds us that when we are in pain, either physical, emotional, or spiritual, Christ is present with us through the ministry of his Church. He is among us to offer strength to meet the challenges of life.

The teacher will explain to children that the power of healing remains in the Church since Christ himself remains in the Church through the Holy Spirit. The sacrament of the unction of the sick is the Church's specific prayer for healing. The express purpose of the sacrament of holy unction is healing and forgiveness.

2. The teacher will explain to the children that St. James speaks of the sick person being raised from his bed physically healed, and he speaks of spiritual healing, of the forgiveness of his sins through confession. In confession we are not only to see Christ the Judge lifting from us the sentence of condemnation but also to see Christ the Physician (Doctor), restoring what is broken in us and renewing our life. Above all, the sacrament of confession is to be seen as a sacrament of healing. And as a sacrament of healing, confession is an action full of joy and saving grace. The healing that we experience through the sacrament of confession takes the specific form of reconciliation.

3. A touch of Jesus heals craft activity. Offer heart printable templates to children and ask them to cut out the heart shapes. Onto each heart there is a written message that says: A touch of Jesus heals. Ask children to draw around their hand and then to cut out the hand shape. Invite them to glue the heart shapes onto the hand.

Resources:

picture that illustrate the Sacrament of Confession, picture that illustrate the Sacrament of Holy Unction, heart printable templates, paper card, pencils, scissors, glue - Graphics here:- <https://1drv.ms/f/s!AiWFS1XPHpoKgclkfStQszKeEVIWQQ>

Review:

In the next session ask one of the children to recall what we have learnt this Sunday.

Follow Up:

In the next session, we will learn more about the Songs of Mary, Hail Mary.