









## FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
17	2	3	HOLINESS	Holiness in the Church	74: Kindness and Goodness

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes  
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L <input checked="" type="checkbox"/>	Spatial S	Kinaesthetic K	Musical M	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [ copy this: ☒ ] for the modes of learning being used in this session.

**Prayer:** Trisagion Prayers

**Starter:** Ask the students to share from memory times when Christ showed goodness and kindness.

**Learning objectives:** To explore goodness and kindness as fundamental aspects of holiness created by God in hearts that have come to know and cherish His own kindness and goodness in Christ.

### Core Activities and Learning

This lesson essentially is a Bible Study on the following text. The leader should help the students explore the following questions:

1. What changes people in this text from being hateful to being kind? How did this happen in the life of St. Paul, the author of this Letter to Titus.
2. What in this text is the connection with baptism by water and the Holy Spirit.
3. "Justified by his grace" means that we are put into a right relationship with God through the grace of God's own goodness and loving kindness. How is this reflected in the parable of the Pharisee and the Publican (tax collector).
4. How can we nurture kindness and goodness in our own lives?

**3** Remind them to be subject to rulers and authorities, to obey, to be ready for every good work, <sup>2</sup>to speak evil of no one, to be peaceable, gentle, showing all humility to all men. <sup>3</sup>For we ourselves were also once foolish, disobedient, deceived, serving various lusts and pleasures, living in malice and envy, hateful and hating one another. <sup>4</sup>But when the kindness and the love of God our Saviour toward man appeared, <sup>5</sup>not by works of righteousness which we have done, but according to His mercy He saved us, through the washing of regeneration and renewing of the Holy Spirit, <sup>6</sup>whom He poured out on us abundantly through Jesus Christ our Saviour, <sup>7</sup>that having been justified by His grace we should become heirs according to the hope of eternal life.

<sup>8</sup>This is a faithful saying, and these things I want you to affirm constantly, that those who have believed in God should be careful to maintain good works. These things are good and profitable to men. (Titus 3:1-8)

**Resources:** Bibles

**Review:** The kindness and goodness of God is manifest in the Person of Jesus Christ. As His followers we are called to reproduce His life in us.

**Follow Up:** For the next week, what is the connection between fasting and goodness?