

# **Resource Sheet 44**

## **Praying with faith**

Matthew 15:22-28

### **Reading:**

**22** And behold, a woman of Canaan came from that region and cried out to Him, saying, "Have mercy on me, O Lord, Son of David! My daughter is severely demon-possessed."

**23** But He answered her not a word. And His disciples came and urged Him, saying, "Send her away, for she cries out after us."

**24** But He answered and said, "I was not sent except to the lost sheep of the house of Israel."

**25** Then she came and worshiped Him, saying, "Lord, help me!"

**26** But He answered and said, "It is not good to take the children's bread and throw it to the little dogs."

**27** And she said, "Yes, Lord, yet even the little dogs eat the crumbs which fall from their masters' table."

**28** Then Jesus answered and said to her, "O woman, great is your faith! Let it be to you as you desire." And her daughter was healed from that very hour.

### **Prayer of St Philaret of Moscow**

Lord, I know not what to ask of you.  
You alone know what my true needs are.  
You love me more than I myself know how to love.  
Help me to see my real needs which may be hidden from me.  
I dare not ask for either a cross or a consolation.  
I can only wait upon you; my heart is open to you.  
Visit and help me in your steadfast love.  
Strike me and heal me; cast me down and raise me up.  
I worship in silence your holy will.  
I offer myself to you as a living sacrifice.  
I put all my trust in you.  
I have no other desire than to fulfill your will.  
Teach me to pray.  
Pray yourself in me.  
Amen.