









FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
11	2	3	HOLINESS	PRAYER	44: Praying with Faith

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L <input checked="" type="checkbox"/>	Spatial S	Kinaesthetic K	Musical M	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [copy this: ☒] for the modes of learning being used in this session.

Prayer: Lord's Prayer

Starter: Prepare in a box some small paper notes, or marbles in 2 colours (for example red and green). Every student takes one. Then students with red notes/marbles should say something they have learned about praying in the Church. Those with green should say something they have learned about praying at home.

Learning objectives: 1. To know what does it mean to pray with faith. 2. To know how to pray with faith.

Core Activities and Learning

1. St Isaac the Syrian says that we should pray with faith and absolute trust in God because He knows all about our lives. The leader reads Matthew 15:22-28 and asks the students for their responses, reflections, questions etc. (See 2.)
2. Discussion: What do you think these verses? What is praying with faith? What is most important thing to remember when with pray?
3. Explanation: the leader explains that it is very important to pray with faith. The faith is stronger when we lose our hope, when we realise that our money, our abilities and our rights cannot always help. We have to stop to relying on the things of this world because they often fail us. When we think we do not have any hope anymore then we often start to trust/rely God. God is the only one Who can help. However, we then have to learn to trust in God when times are good as well. Faith then guides us into the right path and gives us divine wisdom ALL the time.
4. Activity: The Leader reads the Prayer of Metropolitan Philaret of Moscow on Resource Sheet 44, phrase by phrase and with a short silence after each for personal meditation.
5. End piece: Keep a minute in silence.

Resources: Resource Sheet 44, note paper for the students, pencils, box.

Review: Praying with faith involves trust in God and obedience to His will.

Follow Up: For the next lesson bring your experience of praying during the week.