









## FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
10	2	3	HOLINESS	STUDY.	39: Reading the Fathers

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes  
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L <input checked="" type="checkbox"/>	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K	Musical M	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2	Natural N

Tick the appropriate box(es) above [ copy this: ☒ ] for the modes of learning being used in this session.

**Prayer:** The Lord's Prayer.

**Starter:**

Read the story of St Philip and the Ethiopian eunuch (Acts 8:26-40). Show how this account reveals the need for a knowledgeable and godly Christian teacher (in this case St Philip) to help the enquirer (the Ethiopian eunuch) to understand the Scriptures.

**Learning objectives:** To learn why it is helpful to read from the Church Fathers.

### Core Activities and Learning

**Introduction:** As Christians, we need to read books that will strength our faith and give us spiritual guidance. We should always in our life read the Holy Scriptures, the Psalms, the lives of the Saints and the Fathers of the Church.

**Give** examples of some of the Fathers of the church, (eg., the Cappadocian Fathers, especially since they were also friends. The Fathers of the Church are influential teachers and writers in the Church, particularly those of the first five centuries of Christian history.

**Explain** why it is important to read the Fathers.

In your answer, you can refer to the following points:

- the Church Fathers provide us with invaluable spiritual guidance, based on their own faith and experience.
- They interpret Scripture and other elements of Holy Tradition in such a way as to educate us in the Way that leads to the Kingdom of God.
- by the witness of their own life, which often ended in actual martyrdom, they offer us a model of the Christ-cantred, self-sacrificing love we are all called to reproduce in our own lives

**Worksheet 39:** Complete the Father's Word Search. Upon completion see if the children know any facts about any of these in the grid. Be prepared to fill in some of the blanks in their knowledge.

**Resources (for Leader):** <https://oca.org/reflections/fr.-john-breck/why-read-the-church-fathers>

Worksheet 39, New Testament

**Review:** The Church Fathers are a great resource to discover more about the teaching of the Church in relation to Scripture and Holy Tradition.

**Follow Up:** Learn more about one Church Father, and tell the class something about him next time.