

## **Resource Sheet 58**

### **Being Crucified with Christ**

I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me. (Galatians 2:20)

For if we have been united together in the likeness of His death, certainly we also shall be in the likeness of His resurrection, knowing this, that our old man was crucified with Him, that the body of sin might be done away with, that we should no longer be slaves of sin. (Romans 6:5-6)

What does "I have been crucified with Christ" means? How can we be crucified with Christ?"

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How does Christ lives in us?

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How should we understand "old man"?

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#### **Activity:**

Fill in the missing words, using the Glossary:

Lent is a period when we are crucified with Christ.

The Cross reminds us of the Passion of our Lord, and by presenting to us His ....., it encourages us to ..... Him in struggle and sacrifice, being refreshed, assured, and comforted. The ..... teaches us that through pain and suffering we shall see the fulfillment of our hopes: the heavenly inheritance and eternal glory.

Glossary: follow, Cross, example.

#### **Key:**

Lent is a period when we are crucified with Christ.

The Cross reminds us of the Passion of our Lord, and by presenting to us His example, it encourages us to follow Him in struggle and sacrifice, being refreshed, assured, and comforted. In other words, we must experience what the Lord experienced during His Passion - being humiliated in a shameful manner. The Cross teaches us that through pain and suffering we shall see the fulfillment of our hopes: the heavenly inheritance and eternal glory.<sup>1</sup>

#### **Troparion of the Holy Cross, Tone 1:**

O Lord, save your people,  
and bless your inheritance!  
Grant victory to the Orthodox Christians  
over their adversaries,  
and by virtue of your cross,  
preserve your habitation.

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<sup>1</sup> Source (with shortenings): [http://lent.goarch.org/sunday\\_of\\_the\\_cross/learn/](http://lent.goarch.org/sunday_of_the_cross/learn/)