

## FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
10	2	3	HOLINESS	STUDY	38: Reading the Lives of the Saints.

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes  
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L <input checked="" type="checkbox"/>	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K <input checked="" type="checkbox"/>	Musical M <input checked="" type="checkbox"/>	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [ copy this: ☒ ] for the modes of learning being used in this session.

**Prayer:** The Lord's Prayer.

**Starter:** Name as many Saints of the Orthodox Church as you know. This can be set up as a game in which the students call out the names of saints - provided that they can give a connection between their saint and the one going before.

**Learning objectives:** To learn why it is important to read the lives of our Saints.

### Core Activities and Learning

**Ask** the children: Why do we read the lives of the Saints?

Points to include in discussion or explanation:

- The saints are examples to us of how we should leave our life as Christians, unite with God and become holy by the indwelling of the Holy Spirit.
- They are an inspiration and encouragement for us.
- They remind us that each one of us is also called to be a saint.
- The lives of the saints are in the Synaxarion, a book that gives for every day a saint whom we commemorate.
- "Our Church honours saints not as gods, but as faithful servants, holy men and friends of God." - St. Nektarios Metropolitan of Pentapolis (+1920)
- They are our close friends in whom we love to confide our joys and sorrows; whose lives we love to read time and again, as well as singing their troparia and venerating their icons. These close friends will be the guides of our choice and a great comfort to us along the strait and narrow way that leads to Christ (Matt. 7:14).

**Group activity:** Find in the church the icon of the Saint you were named after. If you can't find it try to find the Saint that a family member was named after. Kiss the icon and say a little prayer to them to intercede for your behalf to God. Sing the troparion if you know it or maybe the whole class can sing the troparion of a really well known saint.

**Individual activity (if time allows):** Colour in an icon of a saint from the line drawings here (leader to select and distribute).

[https://1drv.ms/f/s!AiWFS1XPHpoKqclmPMT\\_tYha9-DgHQ](https://1drv.ms/f/s!AiWFS1XPHpoKqclmPMT_tYha9-DgHQ)

**Resources:** The Synaxarion, the Bible, Menaion (for the troparia of the saints) Icon line drawings (above), colouring pens or pencils..

**Review:** Why do we read the lives of the Saints?

**Follow Up:** Read the life of a Saint and share a few things about him/her next time in the class.