









FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
8	2	3	HOLINESS	HELPING	28: Helping others by encouraging them.

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L <input checked="" type="checkbox"/>	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K	Musical M	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [copy this: ☒] for the modes of learning being used in this session.

Prayer: The Lord's Prayer.

Starter: What does encouragement means? (split the word up: en-courage-ment)

Learning objectives: To learn the importance of encouraging each other, especially as Christians.

Core Activities and Learning

Ask if they have encouraged in the past a friend with a problem. How did they encourage him/her?

Why do you think it's important to encourage each other, as Christians?

In your discussion with children you can refer to the following points:

- The following verses from the Bible:
"But exhort one another daily, while it is called To day; lest any of you be hardened through the deceitfulness of sin."
Hebrews 3:13,
1 Thessalonians 5:11 "Wherefore comfort yourselves together, and edify one another, even as also ye do."
Galatians 6:2 "Bear one another's burdens and so fulfil the law of Christ."
Acts 4:36 St Barnabas (originally Joses) was called "Barnabas" by the other apostles because the name means "son of encouragement" and this suited his character.
- encouragement is necessary to our walk of faith.
- In so doing, we build others up and strengthen their faith.
- People know that they are not alone in their adversities.
- In countries where Christians are being prosecuted, the support and encouragement has to be constant and strong.
- In our country, all the temptations of the material world make us also in need of encouragement in our faith and spiritual journey.
- Our parents, our teachers, our priest and other people who love us can usually encourage us.

Group activity: Make a list of the ways you can encourage someone. Encourage the students to be practical and specific in their examples, drawing from their own experience where possible. Work in pairs and share with the rest of the class..

Resources: Hebrews 3:13, 1 Thessalonians 5:11, Galatians 6:2, Acts 4:36, paper and pens.

Review: Mutual encouragement expresses our love for one another in the body of Christ, the Church. It also trains us to be compassionate servants in the wider community.

Follow Up: How would you encourage a friend to come to the church?