

## FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
18	2	3	HOLINESS	Desert Fathers and Mothers	77: St John Climacus (of "The Ladder")

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes (Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

Verbal V <input checked="" type="checkbox"/>	Logical L <input checked="" type="checkbox"/>	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K	Musical M	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [ copy this:  ] for the modes of learning being used in this session.

**Prayer:** Trisagion Prayers

**Starter:** In a time of silent individual and private reflection, think of a time when you made a correct correct which otherwise might have gone terribly wrong. What did you learn from that?

**Learning objectives:** To understand how the choices we make and the struggles that we undertake, can, by God's grace lead to salvation .... or by the devil's prompting and our own passions put that salvation in peril.

### Core Activities and Learning

1. Leader says a little about the Life of St John of the Ladder from the URL (below – Resources)
2. Read Resource Sheet 77, Q&A session.
3. Use the Resource Sheet, (and a copy of "The Ladder" if available) to complete the Snakes and Ladders Board Game. The Instructions are on page 2 of the game.
4. Test out the game to make sure it works.
5. The task can be completed individually or in groups. The test, of course, should be completed by a different individual or group to the one who has prepared the questions.
6. Closure: Sing or say the following for the Saint.

Troparion (Tone 8)

By a flood of tears you made the desert fertile  
 And by your longing for God you brought forth fruits in abundance.  
 By the radiance of miracles you illuminated the whole universe.  
 O our holy Father John Climacus, pray to Christ our God to save our souls.

Kontakion (Tone 1)

You offered us your teachings as fruits of everlasting freshness,  
 To sweeten the hearts of those who receive them with attention.  
 O blessed and wise John, they are the rungs of a ladder,  
 Leading the souls of those who honor you from earth to Eternal glory in Heaven!

**Resources:** Life of the Saint and his teaching: <https://oca.org/saints/lives/2001/03/30/100943-venerable-john-climacus-of-sinai-author-of-the-ladder>

**Review:** The way to salvation is a climb beset by dangers, but he who trusts in Christ, obeys Him and perseveres will be saved.

**Follow Up:** Identify one passion, weakness or sin in your life that you need to tackle.