









## FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
12	2	3	HOLINESS	Struggle	47: Resisting Temptation

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes  
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K	Musical M	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [ copy this:  ] for the modes of learning being used in this session.

**Prayer:** "Lord Jesus Christ, Son of God, have mercy on me a sinner." (x 3 quietly)

**Starter:** Everyone has weaknesses that can lead them into doing bad things. Each student spends a moment, silently and privately, thinking about his or her own weakness or temptation. The Leader concludes the quiet session by reading 1 Corinthians 10:13 (see Activity Sheet 47)

**Learning objectives:** To appreciate that everyone is tempted but that with both resolved from us and God's grace these temptations can be overcome.

### Core Activities and Learning

James 1:14-15 (NKJV) .... each one is tempted when he is drawn away by his own desires and enticed. 15 Then, when desire has conceived, it gives birth to sin; and sin, when it is full-grown, brings forth death.

1 Corinthians 10:13 (NKJV) ... No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it.

**TASK 1:** Draw a flow diagram showing how sinful desires end up in spiritual death. There are three stages in James 1:14-15.

**TASK 2:** In 1 Corinthians 10:13 it is clear that EVERYONE experiences temptation .... even Jesus did, although He did not sin.

### GROUP DISCUSSION AND RECORDING (IN STUDENT FILES)

What ways of escape are there to help us not to fall into sin when tempted?

How can the Church help to strengthen our Christian character and virtues?

**Resources:** Paper, pens / coloured pencils.

**Review:** Temptation is common to everyone. Victory over temptation is possible with the grace of God.

**Follow Up:** Resolve this next week onwards to begin to deal with a temptation you often face. Don't forget to call on God's help.