Activity Sheet 22

Galatians 5:16-26

¹⁶I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh. ¹⁷For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish. ¹⁸But if you are led by the Spirit, you are not under the law.

¹⁹Now the works of the flesh are evident, which are: adultery, fornication, uncleanness, lewdness, ²⁰idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, ²¹envy, murders, ²¹ drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told *you* in time past, that those who practice such things will not inherit the kingdom of God.

²²But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, ²³gentleness, self-control. Against such there is no law. ²⁴And those *who are* Christ's have crucified the flesh with its passions and desires. ²⁵If we live in the Spirit, let us also walk in the Spirit. ²⁶Let us not become conceited, provoking one another, envying one another.

FROM THE TEXT ABOVE LIST THE FRUITS OF THE SPIRIT, VIRTUES ETC. IN THE FIRST COLUMN AND THE CORRESPONDING OPPOSITE THINGS (VICES) THAT WE SHOULD FAST FROM IN THE SECOND COLUMN

Fruits of the Spirit (Virtues)	We should fast from (Vices)