









## FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title		
5	2	3	HOLINESS	Prayer (1)	12: When we should pray		

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes  
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K <input checked="" type="checkbox"/>	Musical M	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [ copy this: ☒ ] for the modes of learning being used in this session.

**Prayer:** Set our hearts on fire with love for You, O Christ our God, and teach us how to pray with all of our heart, in every way, anytime and anywhere. We know You will always hear and answer our prayers. Amen.

**Starter:**

Remind the children that they can talk to God as they would their best friends. God wants to hear what each person has to say. Invite each child to thank God for one good thing that happened in the past week.

**Learning objectives:**

To learn about the times and occasions when we should pray.

To understand that our whole life should be a life of prayer and that we should walk in constant communion with God.

### Core Activities and Learning

1. The teacher will tell the children that prayer is really just talking, worshipping, and having the fellowship with Jesus our friend from our hearts. When children understand this, they will be more likely to share all their feelings with the Lord, and come to Him with confidence. Children need to understand that they can talk to God about anything, no matter how big, or how small their problem seems to be. When we invite children to pray audibly in class we can expect many different kinds of prayers. When we teach children about prayer we should take care to preserve their childlike faith. We should avoid making prayer seem too complicated. Children will pray in a natural way and their prayers will also reflect their spiritual maturity, level of development, and their experiences with prayer at home and in church. The teacher will try to set the emotional and spiritual tone in the classroom that will encourage children to pray while at the same time gently guiding them into a greater understanding of prayer.

2. It is essential that we help children build a solid foundation for their prayer life. Bearing this in mind the teacher will explain some very important facts about prayer: God wants His children to approach Him as their heavenly Father; God's name is holy; We should pray for God's will (His plan for everyone) to be done on earth; God wants us to ask Him for the things we need each day. He cares for us; We need to ask God to forgive us for the wrong things we do, and to help us to forgive others; We should ask God to keep us from things that tempt us; We can ask God to deliver (rescue) us from evil; We should come to God with thankful hearts, and praise Him for the wonderful things He has done; We can come to the Father through Jesus. He is the only way to God. That is why we pray in Jesus' name; The Holy Spirit will help us pray when we're not sure how to pray; We can pray in the Spirit; We should pray for others. This is called intercession; When we pray believing and according to God's will we can expect the Lord to answer our prayers; We can talk to God anytime and anywhere, when we feel happy and when we feel sad, when we need help and encouragement and because Jesus is with us all the time; When we have to wait a long time for an answer, we can trust that God is working things out for our good because He loves us.

The teacher will show the children pictures illustrating children praying, pictures that illustrate prayer in church – generate discussion, draw on children's experience of prayer both at home and in church.

The teacher will tell the children that our whole life should be a life of prayer. We should walk in constant communion with God. There should be a constant upward looking of the soul to God.

3. When we should pray – the teacher will read some Bible verses and emphasize on when we should pray.

All the time: "Pray continually." (1 Thessalonians 5: 17) and "Then Jesus told his disciples a parable to show them that they should always pray and not give up." (Luke 18: 1) and "And pray in the Spirit on all occasions with all kind of prayers and requests. With this in mind, be alert and always keep on praying for all the saints." (Ephesians 6:18)

In the morning: "In the morning, O Lord, you hear my voice; in the morning I lay my requests before you and wait in expectation." Psalm 5:3 and "Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed." (Mark 1: 35)

In the afternoon: "One day Peter and John were going up to the temple at the time of prayer - at three in the afternoon." (Acts 3:1)

In the evening: "And when the time for the burning of incense came, all the assembled worshipers were praying outside." (Luke 1, 10) and "After [Jesus] had dismissed them, he went up on a mountainside by himself to pray. When evening came, he was there alone." (Mathew 14: 23)

Before meals: "[Jesus] told the crowd to sit down on the ground. When he had taken the seven loaves and given thanks, he broke them and gave them to his disciples to set before the people, and they did so." (Mark 8: 6)

**ACTIVITY: Complete Activity Sheet 12**

**Resources:** Icon of Jesus praying in the garden of Gethsemane, pictures illustrating children praying, pictures that illustrate prayer in church. Activity Sheet 12.

**Review:** In the next session ask one of the children to recall what we have learnt this Sunday.

**Follow Up:** In the next session we will learn more about how we should pray.