

## FOLLOWERS - LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
3	2	3	HOLINESS	Friends with God	2: How to be a friend

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes  
(Mod.= Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K <input checked="" type="checkbox"/>	Musical M	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [ copy this:  ] for the modes of learning being used in this session.

**Prayer:** O Lord, source of all love and goodness, as you have blessed my life with the gift of a faithful friend, so now, surround my friend with Your grace, Your loving care and protection. May our friendship be a bond which brings others closer to you and gives glory to Your Holy Name. Amen.

**Starter:**

*Friends circle.* Invite children to sit in a circle and play a Friends Game. Each child can take a turn at saying another child's name and why he is a good friend. Encourage children to name children who have not been named yet. Children may need ideas of what to say, such as "you are kind, you listen to your parents, you smile, you helped me," etc. After playing the game for a little while so everyone gets called on, invite children to pray in that circle and thank Jesus for being their best friend.

**Learning objectives:**

To learn how to be a good friend and feel the need to be a good friend.

To find out about the qualities that are essential to being a good friend.

### Core Activities and Learning

Children will be told they will be learning about how to be a good friend.

1. The teacher will encourage children to remember what they have learnt the week before about friendship. Children will remember what friendship is: a relationship with a person you know well and regard with affection and trust. Explain to the children that God is love, and Jesus is the example we have of love. When we have Jesus in our heart, we can also see people the same way Jesus does, with love, compassion, kindness and concern. The teacher will tell the children that God gives us friends. Be a good friend. Love and support each other without expecting something in return. Spending time together, sharing ideas and treats, having fun, respecting each other's differences, loyalty, sticking up for each other, caring for each other's safety and wellbeing, both of you working on the skills to keep your friendship going.

The teacher will ask children to look at some pictures that illustrate the value of true friendship and will also encourage discussion, then will invite them to answer the following questions: What things do they do that makes them a good friend (say they're sorry, share, etc.)? How can we be a better friend? (allow for responses: *someone who makes you smile, who can laugh when you do, someone who will cry when you cry, someone whose company you enjoy, someone who is there to listen, someone who is kind and caring has respect for you, being trustworthy and willing to tell you the truth, even when it's hard.*)

2. The teacher will talk to children about friendship skills and how to be a friend. Always: talk about what interests you, about what is going on around you, e.g. favourite toys/ games/ book, sports, music, shared interests; share the conversation, so that you each get a chance to be listeners and talkers; listen to what your friends are saying and ask questions about it; praise your friends when they do something well; use your manners - say please and thank you (friends like to be pleasant to each other); think of yourself as being a friendly person, look friendly and be friendly - and others will find you friendly; be aware of others' feelings - think before you speak (sometimes it is a good idea to keep your thoughts to yourself rather than upset people's feelings); handle the challenges - by being clear about what you want and how you will compromise; share your time with other friends; be honest about your feelings, eg. "I don't think this is a good idea because..." But don't always try to be the leader - try out other people's ideas.

The teacher will reiterate the message that they are unique (only one like you) persons with lots of different sides to their character, so they can have different friends who share your different interests, e.g. friends at school, at church, in their street, in sport clubs, in their family. It's good to have a best friend but it's good to have other friends too. We are all special to God and God loves everyone.

3. *Friendship Charades.* Children will be invited to play a game of charades to explore the value of a friend.

"We have been talking about friends today. How many of you have friends? (allow for responses) What does it mean to be a good friend? (allow for responses); What do you like to do with your friends? (allow for responses). Invite the children to practice the things they said about being a good friend and things they like to do with their friends. Invite the children act out. Encourage each child to have a chance.

**Resources:**

icon of Jesus and children, (christ\_children3.jpg), pictures that illustrate the value of a true friend

**Review:**

Friendship with Jesus makes us happy.

**Follow Up:**

How can we become friends with God?