## FOLLOWERS - LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
11	2	3	HOLINESS	PRAYER (3)	41: Praying with the angels and
					saints

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes (Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

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Verbal	Logical	Spatial	Kinaesthetic	Musical	Intra - personal	Inter - personal	Natural
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Tick the appropriate box(es) above [copy this: ✓ ] for the modes of learning being used in this session.

Prayer: Lord's Prayer

**Starter:** Prepare in a box small paper notes, or marbles in 2 colours (for example red and green). Every student takes one. Then students with red notes/marbles should say one word, connected with the angels (messenger, guardian, servants etc.), these with green should say a word, connected with the saints (holy people, martyrs, fearless etc.).

**Learning objectives:** To understand that at the Divine Liturgy we are praying together with the angels and saints. To learn that Christian prayer is a common work and action of the people, angels and saints.

## **Core Activities and Learning**

- 1. The teacher explains that the Liturgy is a common work of the People of God and among these are the angels and the saints. Ask them why do they think we pray with the angels and saints? Then explain that we are called together with the angels and saints to worship and to offer thanks to God for our salvation and to express our thanks through the celebration of the Eucharist. In the time of the Liturgy we are praying together with the heavenly army and all the saints. All the church frescoes / icons of saints contribute to this atmosphere of common prayer. Examples of frescoes are now shown.
- 2. The teacher tells to the students that we as Christians can ask the prayers of the saints and their intercession and this is prefigured in the New Testament (Eph. 6:19; 1Thess. 5:25; Col. 4:3, Rom. 15:30-31). In the Liturgy, we ask God to accept on our behalf the prayers and the intercession of the Saints.
- 3. We also can to pray to the angels. Our Orthodox Church has dedicated Monday to the holy angels. Therefore, every Monday in the church services we are reminded of the holy angels with praise and prayer: "Holy Archangels and Angels, pray to God for us." Here the teacher can say more about the angels and their activities and services.
- 4. Discussion: Why do they think we pray with the angels and the saints? Why do we pray to them?
- 5. Activity: ask students to think about praying with angels and saint gives to us. Ask them to say a word connected with that. Write the suggestions on the board and discus them. If they have trouble, help them with some ideas.
- 6. Get the group to share their own patron saints, what they know about them and their importance.
- 7. End piece: ask the students to say together "Holy Archangels and Angels pray to God for us" as a response to intercessions led by the teacher.

**Resources:** Church fresco pictures (note the old English tradition - english-iconography.jpg – compare with modern frescoes) <a href="http://www.dailymail.co.uk/news/article-2318075/St-Stephen-Serbian-Orthodox-Church-Rev-Theodore-Jurewicz-devotes-years-painting-church-byzantine-style-icons.html">http://www.dailymail.co.uk/news/article-2318075/St-Stephen-Serbian-Orthodox-Church-Rev-Theodore-Jurewicz-devotes-years-painting-church-byzantine-style-icons.html</a>

**Review:** The Liturgy is a common work among those in heaven and on earth.

**Follow Up:** Remind the students to include the prayers and fellowship of the angels and saints surrounding the throne of God in their own prayers.