









FOLLOWERS – LESSON PLAN

#Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title		
5	2	3	HOLINESS	Prayer (1)	11: Why we should pray		

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K <input checked="" type="checkbox"/>	Musical M <input checked="" type="checkbox"/>	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2	Natural N

Tick the appropriate box(es) above [copy this: ☒] for the modes of learning being used in this session.

Prayer: Set our hearts on fire with love for You, O Christ our God, and teach us how to pray with all of our heart, in every way, anytime and anywhere. We know You'll always hear and answer our prayers. Amen.

Starter:

Remind the children that they can talk to God as they would their best friends. God wants to hear what each person has to say. Invite each child to thank God for one good thing that happened in the past week.

Learning objectives:

To understand that prayer is essential to Christian life and that we can communicate with God through the power of prayer.

To learn the reasons for which we should pray to God and understand the necessity to have a personal relationship with God.

Core Activities and Learning

Children will be told they will be learning about why should we pray and the importance of prayer in our daily lives.

1. The teacher will tell the children that prayer is essential to Christian life. Jesus Christ Himself prayed and taught men to pray. Sometimes prayer is defined as a dialogue with God and through our prayer we talk to God. It is a dialogue of silence, carried on in the quiet of our hearts. In our church, we call it the lifting of the mind and heart to God, the standing in His presence, the constant awareness and remembrance of His name, His existence, His power and His love.

The teacher will encourage the children to find reasons for praying. Encourage discussion, asking questions and waiting for answers. The prayer is a response to our need to talk with God and to get His direction for our lives. God is so good and will help us when we are happy, sad, sick or even when we're in trouble. God will give us wisdom, strength and understanding if we only ask Him. In fact, God is willing to give us many good things as long as we ask for them in accordance to His Will. God answers our prayers with signs, the Holy Spirit and His Word, the Bible. When we pray our relationship with God grows. The purpose of prayer is to have communion with God and to be made capable of accomplishing His will. We pray and we making ourselves capable of knowing God and to do His commandments.

2. The teacher will explain to the children that prayer is the only way to a real and personal relationship with God.

Pray acknowledging He is God, and receiving Jesus Christ, as your Lord and Saviour; Pray confessing our sins and receiving His forgiveness; Pray that His will be done in our lives, that His Holy Spirit guide us, and that we be filled with the fullness of all God has for us. Pray for (spiritual) understanding and wisdom; Pray with thanksgiving for all the ways He blesses us; Pray when we are ill, lonely, going through trials or interceding for others; Pray to worship Him.

The Bible tells us to "pray without ceasing" and "in everything give thanks to the Lord." When we choose to have a positive attitude, we realize we have received many blessings for which to give God praise.

Children will be told that God wants us to pray heart-felt prayers. He wants us to tell Him our desires, our fears, our hopes, and He wants us to sing songs of joy to Him when we are happy. Praying before meals and bedtime is good, but He wants to hear from us more often than that. He wants to be involved in our lives, to comfort us when we are sad, strengthen us when we are scared and laugh with us when we are happy. God will give true meaning and direction to our lives. We need to make Him part of our lives throughout the day by reading His Word, the Bible and seeking Him through prayer.

3. Say the Lord's prayer using the Makaton signs. Encourage the children to sing along when saying the prayer, copying the actions (encourage children to practice signing).

Resources:

Prayer book, pictures that illustrate children praying, (Lords-Prayer-Makaton.jpg), icon of Jesus praying in the Gethsemane (christ-gethsemane.jpg)

Review:

Prayer is the lifeblood of a Christian

Follow Up:

In the next session, we will learn more about when we should pray. Ask the students to think about when this should happen.