









## FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
9	1	2	WORSHIP	The Church is Holy	35: Monasteries

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes  
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L <input checked="" type="checkbox"/>	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K	Musical M	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2	Natural N

Tick the appropriate box(es) above [ copy this:  ] for the modes of learning being used in this session.

**Prayer:** God be in my head and in my understanding. God be in my eyes and in my looking. God be in my mouth and in my speaking. God be in my heart and in my thinking.

**Starter:** What happens in a Monastery?

**Learning objectives:** To learn about Monasteries and Monasticism in the Orthodox Church.

### Core Activities and Learning

**Explain** monasticism and how it started.

**Explore** some of the places where the monks established their communities. What is a pilgrim / pilgrimage?

**Refer** to St Anthony the Great, the father of monks. [https://orthodoxwiki.org/Anthony\\_the\\_Great](https://orthodoxwiki.org/Anthony_the_Great)

**Group activity:** Choose a monastery from the following links or elsewhere. The leader will need to print information from the web sites or arrange internet access for the group. Ask the students, having chosen a monastery, to produce a poster attracting pilgrims to visit.

<https://khanya.files.wordpress.com/2015/05/uktrip137.jpg>

St John the Baptist Monastery at Tolleshunt Knights in Essex

<http://www.victorianweb.org/art/parks/brookwood/5.jpg>

The Monastery of the St Edward the Martyr Orthodox Brotherhood, Surrey

<http://www.hotel-r.net/im/hotel/gb/the-iona-1.jpg>

Iona Monastery. West Coast of Scotland (not now in use but historically very important)

[https://en.wikipedia.org/wiki/List\\_of\\_Russian\\_Orthodox\\_monasteries](https://en.wikipedia.org/wiki/List_of_Russian_Orthodox_monasteries)

List of Russian Monasteries

<http://www.macedonian-heritage.gr/Athos/Images/moni%20stavronikita/9673.jpg>

Stavronikita Monastery, Mount Athos, Greece

[https://orthodoxwiki.org/images/a/a6/Panteleimon\\_Monastery.jpg](https://orthodoxwiki.org/images/a/a6/Panteleimon_Monastery.jpg)

Panteleimon Monastery, Mount Athos

<http://www.ouranoupoli.com/athos/athos.html>

The Monasteries of Mount Athos

**Resources:** <https://orthodoxwiki.org/Monasticism>

<http://www.goarch.org/ourfaith/ourfaith7103>

Paper, pencils, colouring materials, glue.

**Review:** What is a Monastery?

**Follow Up:** Make a decision and a promise to God to visit a monastery sometime in the future.