









FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
7	1	2	WORSHIP	The 5 Senses in Church	25: Use of our Bodies.

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L <input checked="" type="checkbox"/>	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K <input checked="" type="checkbox"/>	Musical M	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [copy this:] for the modes of learning being used in this session.

Prayer: Dear God, thank you that you love us. Thank you for sending Jesus to be our Saviour and King. Amen.

Starter: What do you do when you enter a church?

Learning objectives: To learn how we use our bodies in the Orthodox Church.

Core Activities and Learning

Explore what kind of physical activity is taking place when we worship in the church when ...

- We kiss icons.
- We light candles.
- We are sprinkled with Holy Water.
- We are given blessed palm crosses.
- We carry crosses in procession.
- We kneel and make prostrations (show to children how to do prostrations and then ask them to practice).
- We seal ourselves with the sign of the Cross. The Sign of the Cross is a symbolic ritual gesture which marks the four points of the Cross on Calvary over one's body. It also represents loving God with all one's heart, soul, mind and strength and in the Name of the Father, and of the Son and of the Holy Spirit.
- We are anointed with blessed oil.
- ... and, the clergy who officiate these services are ordained by the laying on of hands.

Resources: <http://www.oncedeliveredfaith.com/2014/09/17/senses-orthodox-christianity/>
<https://orthocath.wordpress.com/2010/04/11/the-five-senses-in-worship/>

Review: Why do we make the sign of the Cross?

Follow up: How do we use our bodies in the church? Be more aware of this issue the next time you go to church.