

FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
11	2	1	WORSHIP	DIVINE LITURGY	45: Holy Communion

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K	Musical M <input checked="" type="checkbox"/>	Intra - personal P1	Inter - personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [copy this:] for the modes of learning being used in this session.

Prayer: Lord's Prayer

Starter: Prepare in a box small paper notes, or marbles in 2 colours (for example red and green). Every student takes one. Then students with red notes/marbles should say one noun, connected with the Church services (candle, bell, chalice), these with green should say a verb, connected with the Church services (sing, serve etc).

Learning objectives:

- To be acquainted with the rite of the Liturgy until the Holy Communion.
- To become acquainted with the prayers, during this part of the Divine Liturgy.

Core Activities and Learning

- Discussion:** What is happening during the Divine Liturgy? How we should prepare for the Holy Communion? The verse from I Corinthians 11:28 illustrates.
- The leader **explains that** we are taking the Holy Communion, not because we are sinless and perfect, but mainly because we are sinful and imperfect. As the priest says in the prayer: "the remission of sins, the forgiveness of transgressions, the communion of the Holy Spirit" (the leader can read the prayer, find it in the Resource Sheet 45). Discussion: How does the prayer start? What we are praying for?
- Explanation** of the exclamation: "The Holy Gifts for the holy people of God" and the refrain: "One is Holy, one is Lord..."
- Reading** – before the Holy Communion we read the prayer "I believe and confess, Lord..."
- Explanation:** we come to the Holy Communion after the exclamation: "Approach with the fear of God, faith, and love." Discussion: for what reason do we receive Holy Communion?
- Explanation:** after the Holy Communion, we receive a blessing with the words: "Save, O God Your people and bless Your inheritance," and then we sing: "We have seen the true light..." (students can read or sing this together, see the text in the Resource Sheet)
- Activity:** Fill in the missing words and expressions (see the Resource Sheet).
- Activity** "The sacred vessels": Prepare flash cards with pictures and other cards or just printed notes with the explanations. Students should match them (see files sacred_vessels1 & sacred_vessels2)
- Extending** the activity from the previous lesson: write on the board "the Holy Gifts are for holy people", "We have seen the true light...", Holy Communion.

Resources: Resource Sheet 50 for the teacher, work sheets for the students, pencils, markers, flash cards

Review: Liturgy is common work of prayer, and we enter Kingdom of God during it.

Follow Up: Encourage students to participate consciously in the Liturgy – following the text, singing, receiving Holy Communion.