

FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
12	2	1	WORSHIP	BASIC SERVICE PATTERN	50: Akathists

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes (Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L <input checked="" type="checkbox"/>	Spatial S	Kinaesthetic K	Musical M <input checked="" type="checkbox"/>	Intra - personal P1	Inter - personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [copy this:] for the modes of learning being used in this session.

Prayer: It is truly meet to bless you, O Theotokos, ever-blessed and most pure, and the Mother of our God. More honourable than the Cherubim, and more glorious beyond compare than the Seraphim, without defilement you gave birth to God the Word. True Theotokos we magnify you! (sing if possible)

Starter: Separate students on two groups. Give every group the following words. They should devise questions to which the words are the answer and ask the other group to match them. Possible words: Divine Liturgy, Vespers, Great Lent, Matins, First Hour, Compline, Great Doxology

Learning objectives: To be acquainted with the Akathist prayers – what does they means, especially the Akathist of Theotokos.

Core Activities and Learning

- Explanation:** The word Akathist (from Greek) means "not sitting." The Akathist is a hymn dedicated to a saint, holy event, or one of the persons of the Holy Trinity. The example for all Akathist is the Akathist written in 6th century, dedicated to the Theotokos.
- Explanation:** about the structure of Akathist (see the resource sheet).
- Activity:** separate students into two groups. Give each group a part of the Akathist of Theotokos. Ask them to mark with different colours the oikoi, kontakion and refrains. Discussion: identify and explore the theme of each part.
- Explanation:** explain the offering of the Akathist of Theotokos during the Great Lent. It may also be noted that this Akathist was written in Greek in an alphabetical acrostic— each oikos begins with a letter of the Greek alphabet.
- Activity:** fill in the omitted words and expressions (see the Resource Sheet 50).
- Activity:** the last activity is a review of last 5 lessons (see the Resource Sheet 50).
- End piece:** read altogether a part of the Akathist of Theotokos.

Resources: Resource sheet for the teacher, Work sheets for the students, pencils, markers

Review: We have many Akathist, but the Akathist par excellence is that of Theotokos.

Follow Up: Encourage students to attend the Friday Akathist services during the Great Lent.