









FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
18	1	2	WORSHIP	Liturgical Rules	79: Feasts and Fasts

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L	Spatial S	Kinaesthetic K	Musical M	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [copy this:] for the modes of learning being used in this session.

Prayer: Trisagion Prayers

Starter: Recap on last week's "Follow Up" task. There are 4 major feasts without reference in the New Testament ... in order: The Birth of the Theotokos (8th September), the Exaltation of the Holy and Life Giving Cross (14th September), the Entry into the Temple of the Theotokos (21st November) and the Dormition of the Theotokos (15th August). Which two of these commemorate events before the Incarnation and which two occur after the closure of the New Testament?

Learning objectives: To have a good grounding in the major feasts and fasts of the Church, their purpose and celebration.

Core Activities and Learning

FEASTS (concentrating on the 12 Major Feasts)

Standard Reference Text here: - <http://www.antiochian.org/twelve-great-feasts>

Quiz

1. Divide the group into two teams, give them names (Here: "A" and "B"). Each team appoints a captain.
2. Each team is given a copy of Activity Sheet 79 and at least one spare copy
3. Each team must devise one fairly demanding question for each of the 12 Feasts, writing this clearly in each of the empty boxes.
4. When finished, the sheets are handed in to the Quiz Master / Leader who checks these for duplicate questions.
5. When a duplicate is found, the question will be removed on BOTH teams' sheets (on the basis that both teams will probably know the answer).
6. Their own sheets are returned to the teams that devised them. Each team then replaces the duplicate question on the back up sheet (using more than one if step 7 applies).
7. Steps 5 and 6 are repeated until all duplicates are removed.
8. The Quiz Master / Leader then conducts the Quiz - using the questions from Team "A" for Team "B" to answer and vice versa, alternately. ONLY the Team Captain can answer and the team must confer. 15 seconds per question.
9. 2 points are awarded for a correct answer. An incorrect answer gives the other team the possibility of one bonus point, (which they should be able to gain since they devised the questions!).
10. Obviously, the team with the most points wins!

FASTS - Answer and Discuss

Major feasts are often preceded by fasts. Why?

How does life change for an Orthodox Christian during the Great Lenten Fast? What is the purpose of this Fast? The group should share with each other whatever significance Great Lent has for them.

Resources: Activity Sheet 79 Information at: - <http://www.antiochian.org/twelve-great-feasts>

Review: Feasting and fasting through the Church year is part of soul's training for salvation.

Follow Up: For next week, discover what the Typicon is and why it is important.