








FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
9	1	2	WORSHIP	THE CHURCH IS HOLY	34: Pilgrimages.

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L <input checked="" type="checkbox"/>	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K <input checked="" type="checkbox"/>	Musical M	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2	Natural N

Tick the appropriate box(es) above [copy this:] for the modes of learning being used in this session.

Prayer: God be in my head and in my understanding. God be in my eyes and in my looking. God be in my mouth and in my speaking. God be in my heart and in my thinking.

Starter: Ask the children to describe a trip they may have made to a very holy place.

Learning objectives: To explore pilgrimages in the Orthodox Church, their meaning and purpose.

Core Activities and Learning

Explain what a pilgrimage is and why Christians perform them.

Refer to some important pilgrimages in the Orthodox Church.

- **Jerusalem.** The site of the crucifixion and resurrection of Jesus.
- **Bethlehem** in Palestine. The birthplace of Jesus and King David.
- **Mount Athos,** Greece. A monastic republic. Only men are allowed to enter as the place according to the Orthodox Tradition is been devoted to only one woman, the Mother of God, Theotokos.
- **Mount Sinai** where Moses received the Ten Commandments from God (including at this site the Monastery of St Catherine).
- **Parish Saints places,** eg. Lindisfarne, Iona.
- **Local National Saints,** eg. St David's (Wales) and **Local Regional Saints** (Holywell, Wales): St Winefride.

(You can add to the list Pilgrimages that are significant in your country. The last two are two significant ones of the Orthodox Faith in the British Isles and Ireland.)

Distribute Resource Sheet 34.

Complete the matching tasks with the names of the connected saints. (The correct answer for Bethlehem does NOT of course include Christ because this is not a saint's shrine. The Mother of God, Joseph etc would be acceptable answers – as also the Holy Sepulchre (St Joseph of Arimathea etc) since Christ is not a saint!)

Resources: <https://orthodoxwiki.org/Pilgrimage>

Review: Pilgrimages bring us closer to the saints commemorated and we are helped by their examples and prayers.

Follow Up: Pick one Pilgrimage for next time and find out more about it. Present it to the class.