

FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
6	1	2	WORSHIP	God forgives	18: Being sorry for our sins

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes (Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K <input checked="" type="checkbox"/>	Musical M <input checked="" type="checkbox"/>	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [copy this:] for the modes of learning being used in this session.

Prayer: O God most merciful, we are sorry for all our sins, for every thought that was false or unjust or unclean, for every word spoken that should not have been spoken, and for every deed done that should not have been done. In Your great mercy, we ask You to forgive us and help us to think and speak and act according to Your will. Amen.

Starter:

Listen carefully. Can you recognize the voice of God? Children will experiment how well they can listen for the master's voice and know the will of God through a game of finding flashcards that illustrate the ten commandments. They will describe what they see and state the commandment.

Learning objectives:

To help children comprehend the extent of sin, to identify sin and its consequences;

To identify God as the only One who can cleanse us from our sins through the Sacrament of Confession.

Core Activities and Learning

1. The teacher will tell children that life is full of choices and every choice makes other things happen. Some choices lead to good things and other lead to bad things. Children will be reminded of the golden choices in their school: We are gentle, we don't hurt others. We are kind and helpful, we don't hurt anybody's feelings. We are honest, we don't cover up the truth. Then they will be reminded that the unwanted choices lead to consequences.

The teacher will explain to children what sin is and tries to help children comprehend the extent of sin, to identify sin and its consequences. Sin is when we do what is wrong in God's eyes. It can be something that we do, think, feel, or say (e.g. lie to your mom, argue with your brother, when you yell or cry or complain to get what you want, when someone took what you were playing with and won't share it). Sin makes God's heart sad. Sin hurts other people. Sin hurts us.

The teacher will ask children to remember the first time they realised that they had done something wrong and how did they feel. Then will say that most of us, when we do something wrong, want to correct it right away. We feel very bad knowing that things aren't right. If we have hurt or angered someone else, we want them to forgive us. If we have disobeyed our parents, we want them still to love us. But usually, it is up to us to make things right again. It is up to us to say, "I'm sorry" or "forgive me" or to admit we were wrong. It is never easy to admit to doing something we regret and are ashamed of, an act we tried to keep secret or denied doing or tried to blame on someone else, perhaps arguing that it wasn't actually a sin at all, or wasn't nearly as bad as some people might say. Explain that in the hard labour of growing up, one of the hardest tasks is becoming capable of saying, "I'm sorry."

2. The teacher will tell children that the wonderful thing that happens when we do admit our wrongs is that things are made right again. We do feel again that things are good and that we really do live together with other people in love.

The person who loves us more than anyone else is God. He loves us more than we can ever know. He never stops loving us, even if we stop loving Him or forget to live in a good way as His children. But God does want us to be good children; He does want us to obey Him and to love others as He loves us. The teacher will tell children that being sorry for what we have done goes a long way to removing the sin and the desire to sin from our hearts. It makes the heart better, and clears out the cause of the trouble.

3. The teacher will explain to children what Confession is and what happens during Confession. Children will be told that Confession is an encounter with Jesus Who took upon Himself the sins of all and He extends His hands to everyone who comes to Him. In the Sacrament of Confession the priest does not occupy the main place. We could call him an assistant of Christ the Saviour, Who works all healings in response to our admission of ourselves as imperfect, having broken the covenant of love. In response to our confession and sincere desire to change something in our life, to become better, the Lord renews through the priest the activity of grace in your heart.

4. Craft activity. Children will be invited to create a origami forgiving heart (teacher to demonstrate and explain each step when folding the paper, offer help if needed) then to decorate it using coloured pencils or felt tips.

Resources:

pictures that illustrate sacrament of Confession, paper card, coloured pencils, felt tips

Review:

Being sorry for our sins involves accepting the truth about what we have done before others and in Sacramental Confession.

Follow Up:

The children should think of a situation in which "honesty was the best policy." What usually happens if we try to deceive?