









FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
4	1	2	WORSHIP	Me in Church	8: The Lord's Prayer

Use the syllabus framework to complete above. *Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes*
 (Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K <input checked="" type="checkbox"/>	Musical M <input checked="" type="checkbox"/>	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2	Natural N

Tick the appropriate box(es) above [copy this:] for the modes of learning being used in this session.

Prayer: Our Father who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from the evil one. Amen.

Starter:

Say the Lord's Prayer using makaton signs (see "Resources"). Encourage children to copy the actions.

Learning objectives:

To comprehend that Jesus taught us how to pray and use the Lord's prayer as an example and guide.

To go beyond reciting the Lord's prayer by applying it to everyday life.

Core Activities and Learning

1. The teacher will tell children that the prayer has this name because the Lord Jesus Christ gave it to His disciples. This is the same prayer that He taught them and that is why for all Orthodox Christians is the most important prayer. In this prayer, we call upon God the Father, the first Person of the Holy Trinity.

The teacher will explain to children the meaning of each petition.

The statement that the Father is "in heaven," means that He is everywhere and over all things. We call God our Father, because we are all His children, He created us out of His goodness. When we say that He is in heaven, this should be understood as an unseen, spiritual heaven, not the blue curtain which opens wide above us and which we call the sky.

"Hallowed be Thy name" means that God's name is holy and should be treated with respect and devotion.

"Thy Kingdom come" is understood as an invocation of the Holy Spirit to dwell in God's people, to make us worthy here on earth of God's heavenly Kingdom. Be a king within us and rule us.

"Thy will be done on earth as it is in heaven" means teach us always and everywhere to fulfil His will, to think and speak and act as You wish us to, that we might be like the angels in heaven.

The prayer for our "daily bread" is understood to signify generally all our bodily needs and whatever we require to sustain our lives in this world. Jesus Christ who is the "Bread of Life;" the "Bread of God which has come down from heaven and given life to the world" (Jn 6.33–36); the bread which "a man may eat of it and not die," but "live forever" (Jn 6.50–51). Thus, the prayer for "daily bread" becomes the petition for daily spiritual nourishment through communion with Christ so that one might live eternally with God.

The prayer "forgive us our trespasses as we forgive those who trespass against us" has been especially emphasised by the Lord. The only way that God will overlook and forgive the sins and debts of His servants is if they themselves forgive their brothers, not only in words and formal gestures, but genuinely and truly "from their hearts".

"Lead us not into temptation" means that we ask God not to allow us to be found in situations in which we will be overcome by sin. "Deliver us from evil" that is, the evil spirit.

2. Using everyday ordinary household items as props can help us in understanding the Lord's Prayer.

Our Father who art in heaven: a picture of a parent and child. / **Hallowed be Thy name:** a picture of an Oscar or Nobel Peace Prize being presented. / **Thy kingdom come:** an icon of Jesus High Priest. / **Thy will be done:** a picture with signs (similar to road signs) to show how God wanted people to live, "love", "no fighting". / **On earth as it is in heaven:** a picture of earth from space. **Give us today our daily bread:** a loaf or pictures of food/ clothing/ houses, a picture of Holy Eucharist being given to children. **Forgive us our trespasses as we forgive those who trespass against us:** a cross. / **And lead us not into temptation But deliver us from the evil one:** God is with us sticker – we can adapt this slightly to speak about God being close to us when we are tempted and in danger. Distribute the props amongst the children in the room. Discuss together which item belongs to which line of the prayer. Then attempt to put them in order! Pray the prayer slowly while each person holds their item up.

Resources:

The Bible for Young People, props to understand and learn the Lord's prayer, Lords-Prayer-Makaton.jpg

Review:

The Lord's Prayer is Christ's gift to us in the Church. We should use it often.

Follow Up:

Ask the children to think of a Bible story to bring and share next week, (a one sentence summary will suffice).