









## FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
9	1	2	WORSHIP	THE CHURCH IS HOLY	33: Lives of Saints and Martyrs.

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes  
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K <input checked="" type="checkbox"/>	Musical M	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [ copy this:  ] for the modes of learning being used in this session.

**Prayer:** God be in my head and in my understanding. God be in my eyes and in my looking. God be in my mouth and in my speaking. God be in my heart and in my thinking.

**Starter:** Divide the children into two groups. "Name that saint" game. A child, team by team by team and alternately, calls out the name of a saint of a given category (eg., British, Greek, Female, Apostles, Martyrs etc.). The team wins who last responds.

**Learning objectives:** To understand who Saints and Martyrs are in the Church and what their roles are.

### Core Activities and Learning

**Explain** who is a Saint, who is a Martyr, and how they intercede for us to God.

**Refer** to the Feasts Days of the Saints and the importance of commemorating and venerating them in the church.  
**Refer** to the example in their lives important for us.

**Refer** to the Seventh Ecumenical Council (787 A.D.), in summarising this practice of the Church and  
**Read** to the children the formal position of the church, which declares that "we adore and respect God our Lord; and those who have been genuine servants of our common Lord we honour and venerate because they have the power to make us friends with God the King of all." – Resource: <http://www.goarch.org/ourfaith/ourfaith8044>

**'Find your Saint' Activity:** can you find in the church the icon of the Saint you have been named after? If not, find the icon of a Saint you like and feel close to, kiss their icons and say a little pray inside you, so as they will intercede to God for your request.

Share with the whole group what has been learned about some less familiar saints.

**Resources:** <http://www.goarch.org/ourfaith/ourfaith8044>

**Review:** What's the difference between a Saint and a Martyr?

**Follow Up:** Read the life of the Saint you have chosen or your patron saint.