







## FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
8	1	2	WORSHIP	PRAYER (2)	27: Personal Prayer

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes  
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L <input checked="" type="checkbox"/>	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K <input checked="" type="checkbox"/>	Musical M	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [ copy this:  ] for the modes of learning being used in this session.

**Prayer:** “God be in my head and in my understanding. God be in my eyes and in my looking. God be in my mouth and in my speaking. God be in my heart and in my thinking.”

**Starter:** Do you remember what Jesus’s disciples asked Him to teach them?

Answer: “Lord, teach us to pray.” (Luke 11:1)

**Learning objectives:** To introduce our children to personal prayer, to the way that they approach the living God.

### Core Activities and Learning

For sharing / discussion ...

What is prayer?

[We pray to God to love Him, thank Him, to say we are sorry and to pray for others.]

Why do we pray?

What are some of the things you pray about?

Do you know any biblical heroes who prayed to God? Give examples – how did they pray and in what circumstances?

For your answers you can see the Introduction of ‘My Daily Orthodox Prayer Book’ by Antony Coniaris.

### Craft activity

<http://mothersniche.com/wp-content/uploads/2013/08/kids-prayer-journal.pdf>

[PDF file included]

Complete the journal sheet.

**Resources:** ‘My Daily Orthodox Prayer Book’ by Antony Coniaris, childrens-prayer-journal.pdf.

**Review:** We pray to God to love Him, thank Him, to say we are sorry and to pray for others.

### Follow Up:

For next time memorise the following verses from the Gospels: - (Give the students the reference or print these verses).

**Matthew 7:7** “Ask, and it will be given to you seek, and you will find; knock, and it will be opened to you.

**Matthew 21:22** And whatever you ask in prayer, you will receive, if you have faith.”