



FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
7	1	2	WORSHIP	THE 5 SENSES IN CHURCH.	22: Songs and Hymns

Use the syllabus framework to complete above. *Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes*
 (Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L <input checked="" type="checkbox"/>	Spatial S	Kinaesthetic K <input checked="" type="checkbox"/>	Musical M <input checked="" type="checkbox"/>	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [copy this:] for the modes of learning being used in this session.

Prayer: “Dear God, Thank you that you love us. Thank you for sending Jesus to be our Saviour and King. Amen.”

Starter: Sing the Paschal Troparion together.

Learning objectives: To learn about the meaning and use of Songs and Hymns in the church.

Core Activities and Learning

Introduction: Highlight the fact that there are over 8,000 hymns in the Orthodox Church.

Refer to our Liturgy, and how the hymns serve a purpose during the Divine Liturgy. When do they happen? (Before or after important sections ... readings, Holy Communion etc.) Explain why these Hymns are the same in every Orthodox church in the world on any given Sunday.

Explain how we have different hymns for different Feasts, like Easter, Christmas, and occasions, like the weddings, baptisms, funerals. Refer back to the singing of the paschal Troparion.

Refer to the Troparion of either the saint of the church or one of the children’s saints. What does the hymn remember or celebrate?

Explain what the Psalms are. Some of these are hymns to the Glory of the Lord. The Leader and a helper chant Psalm 8 antiphonally. If the children can read well enough to join in, (in part at least), encourage them to do so

Group activity: Sing together with the children the Hymn to the Theotokos: ‘it is truly meet to bless you...we magnify you.’ Underline the importance of especially commemorate the Mother of God in our Hymns.

Play some Orthodox hymns – there is plenty to choose from on Youtube. Make sure that the words can be understood!

Resources: ‘My Daily Orthodox Prayer Book’ by Antony Coniaris, The Divine Liturgy of St Chrysostom.

Review: Hymns are songs that help us to praise God and in singing we learn truths from the words as well.

Follow Up: Memorise for next time one Hymn to share with the group (reading or singing).