









## FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
13	1	1	FAITH	Gospel of St Mark	54: St Peter

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes  
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L <input checked="" type="checkbox"/>	Spatial S	Kinaesthetic K	Musical M	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [ copy this: ☒ ] for the modes of learning being used in this session.

**Prayer:** Illumine our hearts, O Master Who lovest mankind, with the pure light of Thy divine knowledge. Open the eyes of our mind to the understanding of Thy gospel teachings. Implant also in us the fear of Thy blessed commandments, that trampling down all carnal desires, we may enter upon a spiritual manner of living, both thinking and doing such things as are well-pleasing unto Thee. For Thou art the illumination of our souls and bodies, O Christ our God, and unto Thee we ascribe glory, together with Thy Father, Who is from everlasting, and Thine all-holy, good, and life-creating Spirit, now and ever and unto ages of ages. Amen.

**Starter:** Share some times when you have lost something and it has cost you to find it.

### Learning objectives:

1. To be acquainted with the text of Mark 8:27-38 and what Christ" means.
2. To understand that the human soul is most valuable and it costs more than all the world's riches.
3. To understand that we all have our own cross and we should bear it patiently, without murmuring.

### Core Activities and Learning

1. Leader reads Mark 8:27-38 and explains that after the reading they will be working together on its separate parts. They may take notes during the reading. Then short discussion on the reading follows (see questions in the Resource Sheet). Leader should explain what "Christ" means.
2. Discussion: How do some people answer Christ's question today: "Who do men say that I am?".
3. Leader explains the second part of the reading - Christ teaches the disciples that He will suffer and die. He then explains that they should also suffer by "taking up [the] cross", if they want to follow Him.
  - a) "take up his cross" - to be ready to accept every privation for Christ, and to accept all in our life as God will or God's allowance;
  - b) "For whosoever will save his life shall lose it" - Who pays more attention to the material and rejects God, will lose his soul
  - c) "but whosoever shall lose his life for my sake and the gospel's, the same shall save it." - a man that is not led only by the material needs and listen to God's call shall inherit eternal life.
  - d) "For what shall it profit a man, if he shall gain the whole world, and lose his own soul?" - The human soul is more valuable than everything. It is worth more than all the world's riches.
4. Students fill in the text the omitted words and expressions, using the glossary (see the Resource sheet).
5. Discussion: What does "to carry your cross" mean? As an introduction, the Leader can tell a story (see some ideas in the Resource Sheet). The Leader should guide the discussion to the point: we all bear our crosses and God will not give us more than we can bear. We should bear our cross patiently, without grumbling.
6. End piece: Keep one minute in silence together.

**Resources:** New Testament + printed copies of the reading (in a large font). Resource sheet for the Leader and Work Sheets for students

**Review:** Remind the students that we all have our own cross and we should bear it patiently.

**Follow Up:** Next week ask each student to recall one key thing that they have learned from the previous session.