

## FOLLOWERS - LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Title and Number
4	1	1	Faith	Jesus is great	9: God lives in our hearts

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes  
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Title - lowercase in the cell)

							
Verbal V <input checked="" type="checkbox"/>	Logical L	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K <input checked="" type="checkbox"/>	Musical M	Intra - personal P1	Inter - personal P2	Natural N

Tick the appropriate box(es) above [copy this: ] for the modes of learning being used in this session.

### Prayer

Lord of the loving heart, may mine be loving too, Lord of the gentle hands, may mine be loving too. Lord of the willing feet, may mine be willing too, So I may grow more like you in all I say or do. Amen

### Starter

Love one another. Children will sit in a circle. The teacher says: "We're going to say 'love one another' in many different ways. Listen closely and say 'love one another' in the way I tell you". Use a variety of ways, such as: Let's whisper, let's shout, let's sing, let's say it slowly, let's say it really fast, let's say it all together one more time. (5 minutes)

### Learning objectives

To learn that we can have a real union with God and that He lives in our heart.

To learn that God comes and lives in our hearts through the sacrament of the Holy Eucharist.

### Core Activities and Learning

Children will be told that they will be learning about God living in our hearts.

1. The teacher will explain to the children that they receive God in their hearts through Holy Eucharist (Holy Communion) they partake each Sunday. The Holy Communion is understood as being the real presence of Christ, His true Body and Blood mystically present in the bread and wine which are offered to the Father in his name and consecrated by the divine Spirit of God. (Icon of Holy Eucharist will be shown to children, along with pictures that show the Holy Gifts and Holy Eucharist given to children).

Children will be told that human beings can have real union with God. We become united with God by Grace in the Person of Christ, who is God come in the flesh. The teacher will explain that with the Incarnation, God has assumed and glorified our flesh, He sanctified our humanity. He has also given us the Holy Spirit. (The teacher will show to the children the icon of Nativity and the icon of Pentecost).

As we acquire / receive more and more the Holy Spirit in our daily lives, we become more like Christ.

The teacher will generate a discussion on what we need to do to receive the Holy Spirit, and will make use of visual aids to allow children to develop their answers.

2. The teacher will tell the children that the means/ manner of becoming "like God" is through perfection in holiness, the continuous process of acquiring / receiving the Holy Spirit by grace.

Explain and describe to the children what grace and holiness mean.

Grace is a power sent down from on high, the power of God which is in the Church of Christ, which gives birth, gives life, makes perfect, and offers salvation brought by the Lord Jesus Christ to all of us.

Holiness is the wisdom and righteousness of God that people can receive through their service and worship of Him. In and through Christ, by means of the Holy Spirit, all people can share in the glory of God and become participants in God's own holiness.

Use a set of flashcards to illustrate what grace means, for each phrase in the explanation above use a symbolical representation: "a power sent down from on high" - icon of Pentecost, "the power of God which is in the Church of Christ" - icon of Holy Eucharist, "offers salvation brought by the Lord Jesus Christ" - icon of Resurrection.

Use a set of flashcards to illustrate what

holiness means, for each phrase in the explanation above use a symbolical representation: "the wisdom and righteousness of God" - icon of the Holy Wisdom, "share in the glory of God and become participants in God's own holiness" - icon of Transfiguration.

3. Children will be encouraged to create a paper heart garland, by using paper hearts cut outs. Paper hearts can also be decorated by children before making the garland. While the children are making the garland the teacher will offer guidance and also will talk it through, reminding the children that God lives in our hearts.

### Resources

Icon of Nativity, Icon of Resurrection, Icon of Transfiguration, Icon of Pentecost, Icon of Holy Eucharist, pictures that show the Holy Gifts and Holy Eucharist given to children, set of flashcards to illustrate Grace and Holiness, paper hearts cut outs, string, glue

### Review

In the next session ask one of the children to recall what we have learnt this Sunday.

### Follow Up

In the next session we will learn more about God being our Lord and King.