

## FOLLOWERS – LESSON PLAN

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes

Age	Term	Mod.	Module Theme	Module Title	Lesson Title
4	1	1	Faith	Jesus is great!	8: Jesus is alive

(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Title - lowercase in the cell)

							
Verbal V <input checked="" type="checkbox"/>	Logical L	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K <input checked="" type="checkbox"/>	Musical M <input checked="" type="checkbox"/>	Intra - personal P1	Inter - personal P2	Natural N

Tick the appropriate box(es) above [ copy this:  ] for the modes of learning being used in this session.

### Prayer

O Heavenly Father, Yesterday I died with Jesus; today I am made alive with Him. Yesterday I was buried with Jesus; today I am raised up with Him. Let us become like Christ, since Christ became like us. Let us become Divine for His sake, since for us He became Man. Amen

### Starter

*I Am Blessed.* Children sit in a circle. Use an object to designate which child has a turn to speak. Invite children to complete this sentence and then pass the object to the child they were talking about — *I am blessed to have a loving family.* Or *I am blessed to have so many friends.* The child who receives the object will go next. Instruct them to not repeat until everyone has had a turn. It gives children the chance to share something about their lives.

### Learning objectives

To learn that through the Resurrection of Christ we have received the gift of eternal life.

To learn to sing the pascal troparion *Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life.*

## Core Activities and Learning

Children will be told that they will be learning that Jesus has risen from the dead.

1. The teacher will read The Resurrection of Jesus from the Bible for Young People. While telling the story the teacher will use icon of the Resurrection, visual aids, drama, voice inflection and emotion to help children understand the greatness of the pascal mystery.

### Discussion Questions:

- Who were the first disciples to visit the tomb? (*Two women, Mary Magdalene and the other Mary.*)
- When did they go to visit the tomb? (*Early Sunday morning.*)
- What happened as the women approached the tomb? (*A violent earthquake shook the ground.*)
- What did the women see when they got to the tomb? (*The rock was rolled away from the door of the tomb and an angel was sitting on top of it.*)
- What happened to the guards? (*When they saw the angel, they were afraid and fell as if dead.*)
- What did the angel say to the women? (*That Jesus had risen from the dead, just like Jesus said He would!*)
- What did the women do when they heard this Good News? (*They were filled with joy and hurried to tell their friends.*)

2. The teacher will explain to the children that the Resurrection of Christ is the first, most important, great truth, with the proclamation of which the Apostles began their preaching of the Gospel after the descent of the Holy Spirit. Just as by the death of Christ on the Cross our Redemption was accomplished, so by His Resurrection eternal life was given to us. Christ has given His life, He has laid it down fully, He has offered it whole and without reservation to God, Who then gave it back in His resurrection from the dead. Christ indeed is risen, but His resurrected humanity is full of life and divinity. *Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life.*

3. Children create a paper plate tomb craft to bring the Resurrection scene to life. Invite children to decorate and colour Jesus and angels cut out paper silhouette and the thick paper plate that will become the tomb by folding it in half. Cut an opening on one sides of the paper plate, then ask the children to glue the figurine of Jesus on the inside of the plate and the angel onto the paper plate tomb. Finally use a crumpled ball of paper as the stone to be put in front of the tomb and glue the craft sticks into cross shapes and glue to the tomb on one side.

### Resources

Bible for Young People, icon of Resurrection, Jesus and angels cut out paper silhouette, thick paper plate, craft sticks, glue

### Review

In the next session ask one of the children to recall what we have learnt this Sunday.

### Follow Up

In the next session we will learn more about God living in our hearts.