









## FOLLOWERS – LESSON PLAN

| Age | Term | Mod. | Module Theme | Module Title | Lesson Number and Title |
|-----|------|------|--------------|--------------|-------------------------|
| 12  | 3    | 6    | MISSION      | SUFFERING    | 47: Closeness to Christ |

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes  
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

|   |   |   |   |   |  |   |   |
|---|---|---|---|---|--|---|---|
|  |  |  |  |  |  |  |  |
| Verbal<br>V <input checked="" type="checkbox"/>                                   | Logical<br>L <input checked="" type="checkbox"/>                                  | Spatial<br>S  | Kinaesthetic<br>K   | Musical<br>M  | Intra - personal<br>P1 <input checked="" type="checkbox"/>                         | Inter - personal<br>P2 <input checked="" type="checkbox"/>                          | Natural<br>N  |

Tick the appropriate box(es) above [ copy this: ☒ ] for the modes of learning being used in this session.

Prayer: Trisagion prayer

Starter: "What is the most difficult experience of suffering that you have had?" and "What helped you cope?"

Learning objectives: God is always with us, even during suffering and sorrows He cares for us.

### Core Activities and Learning

1. Activity: Separate students on two groups. Give one of the group John's verses, and the other – the verses from St Paul (see Resource Sheet 47). Ask students to give a "key word" for each text and also a life lesson in each in one sentence. Write the key words on the top of a board and the sentences below. Have a short discussion on the group's response.
2. Read the poem "Footprints in the Sand" (in the Resource sheet). Give one minute for reflection.
3. Activity "Footprints": Give students paper footprint outlines. Ask them to write different sorrows or sufferings they or other people might have (illness, death, desolation etc.). Discuss what help God might give the sufferer to endure and what wisdom they might gain. Write their findings inside the cross outlines (see the Resource Sheet).

Resources: Resource sheet, white board/ flipchart, pencils / pens.

Review: We should cast all our care upon God, for He cares for us.

Follow up: encourage students to memorize the verse "...casting all your care upon Him, for He cares for you" (1 Peter 5:7).