









FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
10	3	6	MISSION.	CHURCH HELPS ME	39. Strengthen my faith.

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L <input checked="" type="checkbox"/>	Spatial S <input checked="" type="checkbox"/>	Kinaesthetic K <input checked="" type="checkbox"/>	Musical M	Intra - personal P1 <input checked="" type="checkbox"/>	Inter – personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [copy this: ☒] for the modes of learning being used in this session.

Prayer: O Heavenly King, O Comforter, the Spirit of truth, who art in all places and fillest all things; Treasury of good things and Giver of life: Come and dwell in us and cleanse us from every stain, and save our souls, O gracious Lord.

Starter: Ask children: if someone wants to become physical stronger and fitter, where can he/she go? E.g. to the gym for training.

Learning objectives: To learn that church is one of the most important place where we can find support and strength for our faith, and how we can direct people to church to strengthen their faith.

Core Activities and Learning

Introduction: As we mentioned before, we go to the gym to become fitter and stronger physically. The same way we go to church because we recognize that church can “feed” us spiritually and make us stronger.

Ask children: How does church strengthen our faith?

Allow answers and then you can highlight the following points:

- Church “feed” us spiritually with the Holy Sacraments.
- Church support and guide us on our faith through the priest and the people that attend the church. As Saint Paul advise us on **1 Thessalonians 5:11** “ Be kind to one another and build each other up. ”
- Church give answers to our questions around faith, e.g. in Sunday school.
- Church is the place, where we can become part of a community of people that share the same faith and make each other stronger.

Crafty activity: <https://intentionalmomblog.files.wordpress.com/2013/02/b1thes511.pdf>

Resources: The Holy Scriptures. 1 Thessalonians 5:11

Materials: coloured pens or pencils, white sheets, scissors.

Review: Church “feed” us spiritually and make our faith in Christ stronger.

Follow Up: Make a list of the things you want to become stronger. Is faith one of them?