








FOLLOWERS – LESSON PLAN

Age	Term	Mod.	Module Theme	Module Title	Lesson Number and Title
18	1	2	WORSHIP	Liturgical Rules	80: Practical Exercise

Use the syllabus framework to complete above. Infants: 20 minutes; Juniors: 30 minutes; Middles & Seniors: 45 minutes
(Mod. = Module Number, Module Theme - in the heading, Module Title - uppercase in the cell, Lesson Num [NO. column] and Title)

							
Verbal V <input checked="" type="checkbox"/>	Logical L	Spatial S	Kinaesthetic K <input checked="" type="checkbox"/>	Musical M <input checked="" type="checkbox"/>	Intra - personal P1 <input checked="" type="checkbox"/>	Inter - personal P2 <input checked="" type="checkbox"/>	Natural N

Tick the appropriate box(es) above [copy this:] for the modes of learning being used in this session.

Prayer: (The whole exercise this lesson is prayer)

Starter: (No starter for this lesson)

Learning objectives: To gain “hands on” experience of saying the Hours together.

Core Activities and Learning

The task is to prepare and train a group of students in the practice of chanting the Hours together. The first part of the lesson will consist of instruction and practice, the second half an actual offering of prayer with designated roles.

The Leader may wish to include clergy and chanters in this exercise. It should be carefully prepared beforehand.

Start the session with a report back on the previous week’s “follow up” task on researching the Typicon.

Outline the resources available for putting the services together.

Proceed to the training and then, finally, the offering of prayer according to which Hour most closely approximates to the actual time of day the session takes place.

Have a brief review session at the end. What have the students learned?

Resources: Horologion, Clergy and Choir assistance

Review: (see above in the task section)

Follow Up: Ask the students to say at least one Hour of Prayer at home the following week.